
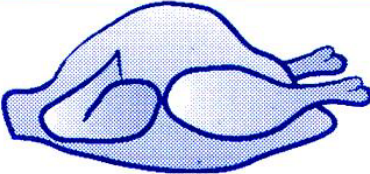

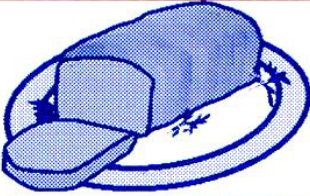





# SAFE FOOD TEMPERATURES

TEMPERATURAS SEGURAS PARA COMIDAS

## COOKING

## COCINANDO

 stuffed pork ( <i>cerdo relleno</i> )		15 seconds <b>165°F</b>
		15 segundos <b>155°F</b>
 unstuffed pork ( <i>cerdo sin relleno</i> )		15 segundos <b>145°F</b>
		when hot holding <b>135°F</b> <i>cuando esté caliente</i>

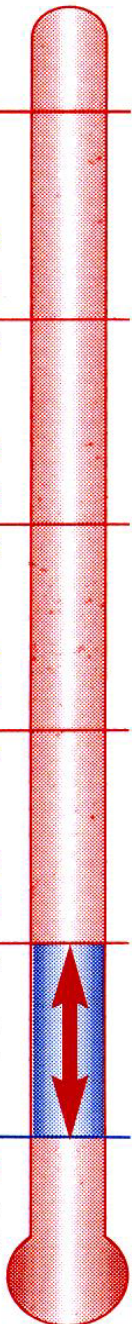
## COOLING

## ENFRIANDO

Cool rapidly to 41°F or below  
*Enfríelo rápidamente a 41°F o menos*

**Bacteria Reproduces Rapidly**  
*La Bacteria se Reproduce Rápidamente*

**41°F**  
or below  
*o menos*



7/01