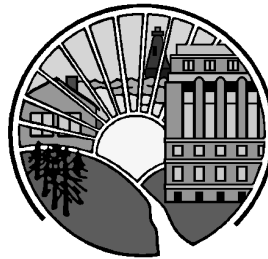


**Need More Information?  
Check These Resources!**

- Your primary health care provider or local medical clinic
- Sheboygan County Division of Public Health  
1011 N. 8th Street, Sheboygan  
(920) 459-4382 or 800-596-1919 ext. 4382  
[www.co.sheboygan.wi.us/html/d\\_hhs\\_pblchlth.html](http://www.co.sheboygan.wi.us/html/d_hhs_pblchlth.html)
- Planned Parenthood  
2108 Kohler Memorial Drive, Sheboygan  
(920) 458-9401
- American Social Health Association at  
[www.ashastd.org](http://www.ashastd.org)
- National Institutes of Health at  
[www.nih.gov](http://www.nih.gov)
- The Centers for Disease Control at [www.cdc.gov](http://www.cdc.gov)
- Healthfinder at [www.healthfinder.gov](http://www.healthfinder.gov)



**SHEBOYGAN COUNTY  
DIVISION OF PUBLIC HEALTH**

**1011 North Eighth Street  
Sheboygan, WI 53081**

**Phone: (920) 459-4382  
1-800-596-1919 ext. 4382  
Fax: (920) 459-0529**

**Website:  
[http://www.co.sheboygan.wi.us/  
html/d\\_hhs\\_pblchlth.html](http://www.co.sheboygan.wi.us/html/d_hhs_pblchlth.html)**

**SHEBOYGAN COUNTY  
DIVISION OF PUBLIC HEALTH**

**Sexually  
Transmitted  
Diseases:  
What You  
Should Know**



**For More Information call:  
(920) 459-4382**

# Sexually Transmitted Diseases (STDs)

## In The USA

STDs are hidden epidemics that have enormous health and economic costs, according to the Centers for Disease Control. It is estimated that 19 million new infections occur each year. Almost half of these infections occur among young people ages 15-24. Direct medical costs are in excess of \$13 billion annually. Everyone pays either directly or indirectly for the costs of these diseases.

## In Sheboygan County

In 2010, 338 people were diagnosed with STDs and six were diagnosed with HIV. There has been a 72% increase since 2000. Between 2004-2009, 31 people in Sheboygan County have been diagnosed with HIV.

## Sheboygan County Division of Public Health

### 2010 STD Report:

Chlamydia	296
Gonorrhea	43
Syphilis	1
HIV(2009)	3

## Know the Facts

- An STD is an infection that is passed during sex.
- STDs are spread during vaginal, anal, and oral sex and sometimes by genital touching.
- Some STDs infect only the sexual/reproductive organs. Others can cause infections throughout your body.
- STDs are caused by bacteria, viruses, and parasites.
- Most common reported STDs: Chlamydia, Gonorrhea, Genital Herpes.
- Other STDs: HIV/AIDS, Hepatitis B, Syphilis, and Human Papillomavirus (HPV), which can cause cervical cancer and genital warts.
- Many people with STDs have no symptoms and do not know they have a STD. Sometimes symptoms come and go. Either way, the STD still exists and can be given it to others until it is treated.

## Smart Moves for Active People

- Go to the doctor and get tested for any of the following symptoms: pain or burning with urination, unusual drainage from penis or vagina, rash, sores or bumps in the genital area. (Assess your STD risk at [www.stdwizard.com](http://www.stdwizard.com))
- It is smart to get tested before starting a new relationship and tell your partner to get tested, too.
- Many STDs can be cured. Some can't be cured but can be controlled. See your doctor regularly.
- Getting tested for HIV every year is a smart move.

## Know your ABC's:

**A:** Stands for Abstinence

**B:** Stands for being faithful to a single sexual partner

**C:** Stands for using condoms consistently and correctly.