



Preparing for Disaster



For more information call:
(920) 459-4382

http://www.co.sheboygan.wi.us/html/d_hhs_pblchlth.html

Step 1: Make a Plan

Meet with Your Family Members: Review information on preparedness.

Choose an “Out of Town” Contact: Ask an out-of-town friend or relative to be your contact. Following a disaster, family members should call this person and tell them where they are.

Decide Where to Meet: You may become separated. Choose a place to meet.

Complete a Family Communication Plan: Your plan should include contact information for family members. Program contacts into cell phones.

Escape Routes and Safe Places: You may need to evacuate on a moment’s notice. Be sure everyone knows the best escape routes.

Plan for those with Disabilities and Other Special Needs: Label equipment such as wheelchairs, etc.

Plan for your Pets.

Step 2: Assemble a Disaster Supplies Kit

A disaster supplies kit is a collection of basic items. Your kit items should be stored in a portable container(s) as close as possible to the exit door. Items should include, but are not limited to:

- Cash & credit cards
- Whistle, flashlight, batteries, battery-powered radio
- Prescription medication, eye glasses, hearing aid batteries
- 3 day supply of nonperishable food and manual can opener. Include formula for infants.
- 3 day supply of water (1 gallon of water per person, per day)
- Personal identification
- Specialized medical supplies and equipment
- First aid kit
- Blankets or sleeping bags
- A change of clothes/sturdy shoes

Step 3: Action Checklist

The following are items to be completed before a disaster:

Utilities: Know how and when to turn off water, gas and electricity at the main switches or valves.

Fire Extinguisher: Be sure everyone knows how to use your fire extinguishers and where they are kept.

Smoke Alarms: Install smoke alarms on each level of your home, and check/replace batteries twice yearly.

Insurance Coverage: Check if you have adequate insurance coverage.

Inventory Possessions: Make a record of your possessions to help you claim reimbursement.

Vital Records and Documents: Vital family records/important documents should be kept in a safe location.

Step 4: Maintain Your Plan

Make sure to exercise your plan often and update the plan as needed. Restock supplies that have expired or are no longer usable.

Step 5: Get Informed

During a disaster, remember to get your information from:

- WHBL 1330 AM
- The Sheboygan Press
- TV Channel 8 (Sheboygan) or Channel 14 (Plymouth)
 - WHBZ 106.5 FM
 - WJUB 1420 AM
- The Plymouth Review
 - WLKN 98.1 FM
 - WBFM 93.7 FM
 - WXER 104.5 FM



Kauj Ruam 1: Npaj Lub Hom Phiaj

Zaum tham nrog koj tsev neeg:
Saib cov kauj ruam nej yuav ua
thaum muaj kev kub ntxhov

Xaiv ib tug kwv tij phooj ywg tsis nyob koom zos: Thov ib tug kwv tij los phooj ywg ua tus yuav tuav xam thaum muaj kev kub ntxhov rau nej tsev neeg mas sawv daws yuav tsum hu rau tus ntawd paub tias sawv daws nyob qhov twg.

Npaj saib yuav tsum sib ntsib qhov twg: Xais ib qho chaw uas nej yuav sib ntsib, yog nej sib cais lawm.

Npaj txoj kev yuav sib txuas lus: Yuav npaj kom muaj txoj hau kev rau tsev neeg sib txuas lus tau thaum muaj kev kub ntxhov, yam li ntaus sawv daws tej xov tooj cia rau hauv lub xov tooj ntawm tes.

Kev yuav khiav tawm thiab qhov chaw sib ntsib: Tej zaum twb ti tes ti taw lawm uas koj mam paub tias yuav tau khiav. Ua li mas txhua leej yuav tsum paub cov kev khiav tawm yooj yim tshaj ntawm qhov chaw ntawd.

Npaj hau kev los pab cov neeg xiam oob khab: Sau npe rau lawv cov khoom siv xws li lub kauj tog zaum, thiab lwm yam.

Npaj hau kev los pab koj cov tsiaj hauv tsev.

Kauj Ruam 2: Npaj ib cov khoom rau thaum muaj kev kub ntxhov

Cov khoom no yog tej yam tseem ceeb yuav siv. Yuav tsum muab cov khoom no ntim rau tej lub thawv kom yoj lub qhov nrooj uas yuav khiav tawm tau. Tej yam yuav tau npaj kuj muaj li nram no, tab sis, kuj tsis yog tas li no xwb:

- Nyiaj & credit cards
- Lub tswb tshuab ntawm qhov ncauj, teeb nyem, roj teeb, lub tshuab mloog xov tooj cua rau roj teeb.
- Tshuaj noj, tsom iav qhov muag, roj teeb rau lub pob ntseg cuav
- Khoom noj tsis lwj kom kav 3 hnuv nrog tus qhib koom poom, thiab mis nyuj rau me nyuam mos.
- Npaj dej haus kom kav li 3 hnuv (ib taub dej rau ib tus neeg, ib hnuv)
- Cov ntaub ntawv tseem ceeb txog cov tib neeg
- Npaj tej khoom/twj uas siv rau tus neeg mob
- Cov khoom siv rau thaum raug mob (First Aid Kit)
- Pam los yog hnab pua pw
- Khaub ncaws hloov / khau rau

Kauj Ruam 3: Cov koj yuav tsum muaj thiab ua

Yuav tsum paub tej yam li hais nram no ua ntej thaum yuav raug kev kub ntxhov:

Utilities: Paub kaw dej, kaw hluav taws (gas), thiab kaw hluav taws xob ntawm ncauj ciav los yog ntawm cov ntiv txais hluav taws.

Lub taub tua hluav taws: Qhia kom sawv daws paub siv lub taub tua hluav taws thiab nws nyob qhov twg.

Lub tswb ntes pa taws: Yuav tsum muaj lub tswb ntes pa taws rau txhua txheej tsev, thiab kuaj ntshis kom ua hauj lwm zoo / pauv cov roj teeb ib xyoos ob zaug.

Insurance Coverage: Saib tej ntaub ntawv pov hwm vaj tsev saib puas duav koj vaj tse, thiab khoom vaj khoom tsev.

Lub cuab tam: Teev koj cov khoom vaj khoom tsev khaws cia koj thiab paub tias koj lub cuab tam muaj li cas koj thiaj qhia tau rau qhov chaw pov hwm vaj tse paub.

Cov ntaub ntawv tseem ceeb: Tsev neeg cov taub ntawv tseem ceeb yuav tsum muab khaws cia kom zoo rau ib qho chaw.

Kauj Ruam 4: Ua Li Koj Tau Npaj Cia

Yuav tsum xyaum ua li tus qauv koj tau npaj no tsis tu ncuav thiab hloov tej yam tshiab ntxiv. Muab cov khoom noj ua yuav tas caij nyooq rho tawm ces txhab dua cov tshiab rau.

Kauj Ruam 5: Mloog Xov Xwm

Thaum muaj kev kub ntxhov, mloog xov xwm li nram no:

- WHBL 1330 AM
- The Sheboygan Press
- TV Channel 8 (Sheboygan) or 14 (Plymouth)
- WHBZ 106.5 FM
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Npaj Rau Thaum Muaj Kev Kub Ntxhov



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