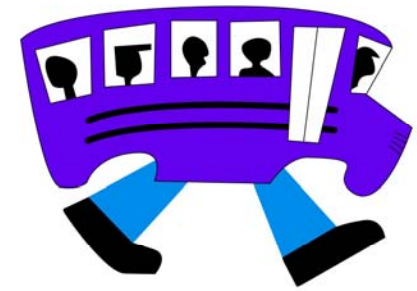


GRANT & ESAA



Walking
SCHOOL BUS

Walking Wednesdays
- Seniors, join today!

Questions?

Contact Wendy Schmitz, Senior Activity Center
wschmitz@ci.sheboygan.wi.us
or
Kathleen Manny, Aging & Disability Resource Center
mannykrm@co.sheboygan.wi.us

Sponsored by:



St. Nicholas Hospital



Sheboygan County
NON-MOTORIZED TRANSPORTATION PILOT PROGRAM



Health Benefits

- You will receive an additional 20-30 minutes of physical activity per day.
- You will teach children that walking is an easy and fun lifetime physical activity.
- You will be part of a national health movement for children.

Walking Wednesdays...

It's just like
adult recess!



Volunteer Sign-up Form (please complete one per volunteer)
YES! I would like to volunteer for the Walking School Bus program.

NAME OF VOLUNTEER: _____

ADDRESS: _____

EMAIL ADDRESS: _____

PHONE #: _____

As a volunteer "Walking School Bus Driver," I will not hold the Walking School Bus Program, Sheboygan Area School District, Sheboygan Senior Activity Center, Sheboygan County, St. Nicholas Hospital, or their staff(s) responsible for any accidents or injuries. I also agree to participate in a simple training session and a criminal background check.

SIGNATURE: _____

DATE: _____

Return to: Wendy Schmitz, wschmitz@ci.sheboygan.wi.us, 428 Wisconsin Ave, Sheboygan, WI 53081

Or

Kathleen Manny, mannykrm@co.sheboygan.wi.us, 650 Forest Ave, Sheboygan Falls, WI 53085

FIVE GOOD REASONS TO LEAD A WALKING SCHOOL BUS

1. Walking to school regularly will improve the participating children's health and fitness.
2. Early morning exercise will lead to better behavior and focus in class for the children.
3. Fewer families driving their children to school means less traffic congestion and air pollution around school/neighbor hood.
4. The Walking School Bus is a great social opportunity for kids, parents, and volunteers.
5. Regular physical activity makes everyone feel GREAT!



POLICIES

1. Only registered children may participate in the Walking School Bus program.
2. Each Walking School Bus will be led by a trained, adult "Driver" who has undergone a criminal background check.
3. Families will receive a route map and schedule. Children must be at their designated stop and ready to walk to school at the scheduled time.
4. Children must obey all instructions given by their Walking School Bus "Driver." In particular, children must walk (not run), must stay on the sidewalk, and must behave sensibly.
5. Children who do not follow instructions or who endanger themselves or others will be reported and may be suspended from the program.
6. Under adverse weather conditions (i.e., rain or snow), the Walking School Bus will be cancelled.
7. Families will not hold the Walking School Bus "Driver", St. Nicholas Hospital, Sheboygan Senior Activity Center, Sheboygan County, Sheboygan Area School District, or their staff responsible for any accidents or injuries.
8. Photographs of children walking to school may be used in future promotional materials.



When does the Walking School Bus run?

The Walking School Bus will run in the spring and fall. Exact dates will be communicated each semester. Senior volunteers will lead Walking School Bus' on roughly 10 Wednesdays in both spring and fall.

What about road safety and crime?

Walking to school under adult supervision provides an excellent opportunity for children to learn about road safety. And, the presence of law-abiding citizens on the streets deters neighborhood crime.

What if we live too far from school?

Families living beyond the staging areas can drop their child(ren) off at the designated meeting times at the nearest staging area.