

# **A Resource Guide**

**for**  
**Adults Over 60**  
**and**  
**Adults with Disabilities**



## **Aging & Disability Resource Center**

**Administered by:**

**Sheboygan County**

**Health and Human Services**

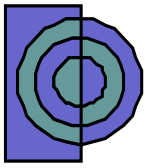


**The Aging & Disability  
Resource Center  
of  
Sheboygan County  
Health and Human Services**

Thomas Eggebrecht, Director

Milda Zuengler, Aging & Disability  
Resource Center Supervisor

***The goal of the Aging & Disability  
Resource Center is to provide a  
welcoming source of  
information and services  
for Sheboygan County adults  
over the age of 60,  
adults with disabilities,  
their families, friends, and caregivers.***



# Aging & Disability Resource Center

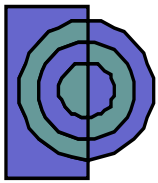
## Resource Guide

Aging & Disability Resource Centers shall serve all of the following groups of individuals, including people who inquire about or request assistance on behalf of members of these groups, regardless of their financial means:

- Elderly (aged 60 and older)
- Adults with developmental disabilities
- Adults with physical disabilities
- Adults with mental illness and/or substance use disorders
- Adult is 18 years of age and older.

The core services provided by an Aging & Disability Resource Center include:

- **Information and Assistance:** The Resource Center maintains a resource file of services and programs available to adults over age 60 and adults with disabilities in Sheboygan County. Individuals may call or stop in Monday through Friday from 8:00 a.m. to 5:00 p.m. to receive assistance.
- **Long Term Care Options Counseling:** The Resource Center has professionals who can provide confidential assistance with or information about care needs and options available. The consultation is available at no charge and will review both public and private options.
- **Benefits Counseling:** The Resource Center has a Benefit Specialist who can provide information and assistance regarding programs available to seniors. Some examples include Medicare Part D, Senior Care, Homestead Tax Credit, Medicare, Medical Assistance, and Social Security. In addition, the Resource Center has a Disability Benefit Specialist who can provide information and assistance to people with disabilities about programs available to them.



# Aging & Disability Resource Center- continued

## Resource Guide

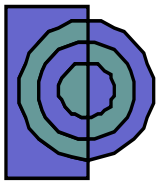
- **Transitional Services:** The Resource Center shall invite referrals and coordinate with existing support systems to assist young adults with disabilities to transition to the adult long-term care system. The Resource Center shall share information about services available with school districts and other children's long-term support systems.
- **Prevention and Early Intervention Services:** The Resource Center shall collaborate with other community resources to promote efforts to keep individuals healthy and independent. This includes providing information, support, and assistance to family and other informal caregivers to delay or prevent the need for comprehensive long-term care services.
- **Access to Publicly Funded Long-Term Care Programs and Services:** The Resource Center shall assure that individuals who make contact or are referred are informed about and screened for eligibility for Long-Term Care Funding for services. The Aging & Disability Resource Center shall have a written procedure for ensuring an efficient and timely access to public long-term benefits.
- **Other Services:** Adult Protective Services staff located at the Aging & Disability Resource Center are available to address concerns of abuse and self-neglect of elders and vulnerable adults. Concerns and referrals may be made by contacting the Aging & Disability Resource Center staff. Calls are kept confidential, and Adult Protective Services staff investigate the situation and provide follow up as required.

Information about other elder services, such as volunteer transportation, chore service, reassurance calls, peer friends, dining sites, nutrition, and recreation may be obtained by contacting the Aging & Disability Resource Center.

# Table of Contents

## Resources & Services (listed in alphabetical order as follows)

<a href="#"><u>Adult Day Care Services</u></a>	p. 7
<a href="#"><u>Advanced Directives</u></a>	p. 9
<a href="#"><u>Benefit Specialists</u></a>	p. 10
<a href="#"><u>Care Management</u></a>	p. 11
<a href="#"><u>Employment</u></a>	p. 13
<a href="#"><u>Financial Assistance</u></a>	p. 15
<a href="#"><u>Funeral Services</u></a>	p. 20
<a href="#"><u>Home Health Care</u></a>	p. 23
<a href="#"><u>Home Medical Equipment</u></a>	p. 31
<a href="#"><u>Hospice/Palliative Care</u></a>	p. 33
<a href="#"><u>Hospitals/Medical Centers</u></a>	p. 35
<a href="#"><u>Housing</u></a>	p. 37
<a href="#"><u>Legal/Advocacy Services</u></a>	p. 43
<a href="#"><u>Mental Health Services</u></a>	p. 46
<a href="#"><u>Nursing Homes/Skilled Nursing Facilities</u></a>	p. 49
<a href="#"><u>Nutrition/Meal Services/Home Delivered Meals</u></a>	p. 53
<a href="#"><u>Personal Emergency Response Systems</u></a>	p. 59
<a href="#"><u>Pharmacies</u></a>	p. 62
<a href="#"><u>Recreation</u></a>	p. 64
<a href="#"><u>Residential/Assisted Living Facilities</u></a>	p. 67
<a href="#"><u>Respite</u></a>	p. 74
<a href="#"><u>Senior Centers</u></a>	p. 76
<a href="#"><u>Support Groups</u></a>	p. 77
<a href="#"><u>Transportation</u></a>	p. 84
<a href="#"><u>Volunteer Programs</u></a>	p. 88
<b>Weatherization (see Financial Assistance)</b>	p. 15
<a href="#"><u>Workshops</u></a>	p. 90



# Adult Day Care Services

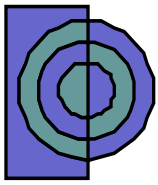
## Resource Guide

Adult Day Care Centers provide supervised and structured programming that includes a variety of health, social, and support services in a protective setting during daytime hours. This is a community-based service model designed to meet the individual needs of people with functional impairments and/or Alzheimer's or other dementias.

### Questions to Ask...

- What days and hours is the center in operation?
- Is transportation provided?
- What is the cost?
- What medical conditions/disabilities are accepted?
- Are there a variety of activities and choice of individual and group participation?
- Is the menu balanced and are there choices?
- Can trial visits be arranged?
- Are visits allowed at any time?

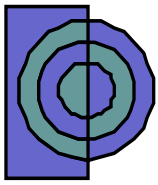
Day Care for Seniors	
<b>The Gathering Place</b> 730 County Trunk PPP Sheboygan Falls, WI 53085	Phone: 1-920-627-6847 Email: <a href="mailto:tgp@stpaulfalls.com">tgp@stpaulfalls.com</a>
<b>TLC's Adult Day Center</b> 2104 Geele Avenue Sheboygan, WI 53081	Phone: 920-453-6781 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a> Email: <a href="mailto:stevehendrikse@tlchomes.net">stevehendrikse@tlchomes.net</a>



# Adult Day Care Services – continued

## Resource Guide

Adult Day Services for People with Disabilities	
<b>Camp Evergreen</b> 2776 N 31 <sup>st</sup> Place Sheboygan, WI 53083	Phone: 1-920-452-4221
<b>Newer Beginnings Adult Day Center</b> 708 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-980-3531 Fax: 1-920-208-1602
<b>Paragon Industries, Inc.</b> N5653 Frontage Road Plymouth, WI 53073	Phone: 1-920-892-7060 Website: <a href="http://www.paragoncommunity.com">www.paragoncommunity.com</a> Email: <a href="mailto:nick.verhagen@paragoncommunity.com">nick.verhagen@paragoncommunity.com</a>
<b>Rainbow Club</b> 200 Park Street Belgium, WI 53004	Phone: 1-920-946-1871
<b>RCS Empowers, Inc.</b> 1305 St. Clair Avenue Sheboygan, WI 53081	Phone: 1-920-458-8261 Website: <a href="http://www.rcscommunityservices.com">www.rcscommunityservices.com</a> Email: <a href="mailto:servicecoordinator@rcsempowers.com">servicecoordinator@rcsempowers.com</a>
<b>TLC Adult Day Care</b> 2104 Geele Avenue Sheboygan, WI 53081	Phone: 1-920-453-6781 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a> Email: <a href="mailto:stevehendrikse@tlchomes.net">stevehendrikse@tlchomes.net</a>



# Advanced Directives

## Resource Guide

An Advanced Directive is a legal document that allows individuals to put into writing their wishes about their health care, in case they are no longer able to communicate their wishes in the future. A Living Will/Declaration to Physicians and a Durable Power of Attorney for Health Care are both Advanced Directives described below. To find the Advanced Directive that is suitable for you or your loved one, contact your family physician, local hospital, or your family attorney, or obtain copies of forms online at [www.dhfs.state.wi.us](http://www.dhfs.state.wi.us). A copy of the completed Advanced Directive form should be kept with the physician and the hospital of choice.

### **Living Will/Declaration to Physicians:**

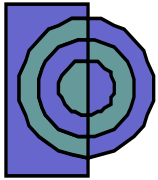
The Living Will/Declaration to Physicians is an Advanced Directive. The Living Will allows the individual to state his/her wishes regarding health care in the event of a terminal illness and/or the end of life or a persistent vegetative state. The decisions that the individual makes will be carried out as stated in the living will regardless of whether any other family member has a different wish.

### **Durable Power of Attorney for Health Care:**

The Power of Attorney for Health Care form is an Advanced Directive. It allows the individual to appoint another person(s) to make health care decisions if he/she becomes unable to make these decisions. The person(s) appointed is the Health Care Agent. It is important to discuss end-of-life wishes with the Health Care Agent so that they are able to carry out wishes. This document gives the Health Care Agent authority to make decisions **only when activated (when the individual has been determined incapable to make health care decisions by two physicians)**. It does not give your Health Care Agent any other authority for your financial or other business decisions.

### **Pre-Hospital Do Not Resuscitate Bracelet:**

This is a **Do Not Resuscitate (DNR)** order issued by a physician to direct emergency medical technicians, first responders, and emergency health care facilities not to attempt cardiopulmonary resuscitation (CPR) on a person for whom the order is issued if that person suffers cardiac or respiratory arrest.



# Benefit Specialists

## Resource Guide

The Aging & Disability Resource Center has two Benefits Specialists to assist Sheboygan County seniors and people with disabilities.

### **Elderly Benefit Specialist:**

The Elderly Benefit Specialist can provide information and assistance regarding programs available to seniors, age 60 and over. Some examples of the assistance the Benefit Specialist can provide include Medicare Part D, Medicare Savings Plans, Senior Care, Homestead Tax Credit, Medicare, Medical Assistance, and Social Security. In addition, the Elderly Benefit Specialist can provide information and assistance with appeals of Social Security and Medical Assistance program denials.

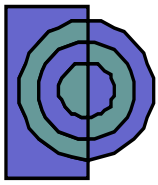
### **Disability Benefit Specialist:**

The Disability Benefit Specialist can provide assistance and information regarding programs available to adults, age 18 through 59, such as Social Security Disability, SSI, Medicare, Medicare Part D, Medicare Savings Plans, Medicaid, and the Medicaid Purchase Plan (MAPP). The Benefit Specialist may assist adults with applying for, and appealing denials for, Social Security and Medical Assistance benefits, in addition to reviewing other benefits that might be available. In addition, the Benefit Specialist can review the person's employment and benefit history to determine the appropriate work incentive program and refer to other agencies as needed.

### **Benefit Specialists – Aging & Disability Resource Center**

**Aging & Disability Resource  
Center of Sheboygan County**  
650 Forest Avenue  
Sheboygan Falls, WI 53085

Phone: 1-920-467-4100 or  
1-800-596-1919  
Website: [www.co.sheboygan.wi.us](http://www.co.sheboygan.wi.us)



# Care Management

## Resource Guide

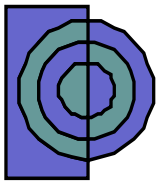
The purpose of care management is to assess an individual's health and/or care needs, personal preferences and goals, and living situation and then develop recommendations to assist the individual and/or their family in achieving the goals identified.

A care manager is often an experienced professional who specializes in completing comprehensive assessments and providing personalized services to seniors and their families.

Care managers have extensive knowledge of costs, quality, and availability of both private and public services in a community. A care manager may assist a client and/or family with the coordination and planning of health care decisions, home care, assisted living, and/or skilled nursing facilities, pre-planning documents (legal, financial, etc.).

### Questions to Ask...

- Is there a charge for care management?
- Are case management services available 24-hrs per day?
- What are the care manager's credentials?
- Does the care manager receive referral bonuses from service providers they recommend?
- What services does the care manager provide?
- Are references available upon request?



# Care Management – continued

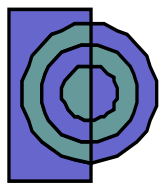
## Resource Guide

### Care Management for Seniors and People with Disabilities

<b>Adult Care Consultants</b> 21 East 2 <sup>nd</sup> Street, Suite 102 Fond du Lac, WI 54935 Contact: Bev Gudex	Phone: 1-920-322-6480 Website: <a href="http://www.adultcareconsultants.com">www.adultcareconsultants.com</a> Email: <a href="mailto:bev.gudex@adultcareconsultants.com">bev.gudex@adultcareconsultants.com</a>
<b>Aging and Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a>
<b>Companion Care Plus</b> 1330 Blackwood Court Sheboygan, WI 53081	Phone: 1-920-458-6788 Toll Free: 1-888-294-3588 Fax: 1-920-458-6788 Website: <a href="http://www.companioncareofwi.com">www.companioncareofwi.com</a> Email: <a href="mailto:companioncareofwi@gmail.com">companioncareofwi@gmail.com</a>
<b>Embrace Care Management and Managed Home Care</b> 802 Michigan Avenue Sheboygan, WI 53081 Certified Geriatric Care Manager	Phone: 1-920-451-6228 Fax: 1-920-451-6229 Website: <a href="http://www.embracecaremanagement.com">www.embracecaremanagement.com</a> Email: <a href="mailto:embrace_maryp@att.net">embrace_maryp@att.net</a>

## Care Management for Seniors

<p><b>Cedar Landing Senior Resource Center</b> 101 Cedar Lane Elkhart Lake, WI 53020</p>	<p>Phone: 1-920-876-4050 Website: <a href="http://www.cedarlanding.org">www.cedarlanding.org</a> Email: <a href="mailto:msmith@cedarcommunity.org">msmith@cedarcommunity.org</a></p>
<p><b>Cedar Pathfinders</b> 5505 County Road Z West Bend, WI 53095</p>	<p>Phone: 1-262-306-2691 Website: <a href="http://www.cedarathome.org">www.cedarathome.org</a></p>



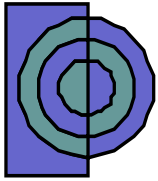
## Employment

### Resource Guide

For those individuals who are interested in obtaining employment and need some assistance in finding opportunities or support on the job, contact the agencies listed below.

## Employment Assistance for Seniors

<p><b>Foster Grandparent/Seniors in Schools Program</b> 2032 Erie Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-783-0003 Fax: 1-920-457-5504 Email: <a href="mailto:bhorneck@sheboygan.k12.wi.us">bhorneck@sheboygan.k12.wi.us</a></p>
<p><b>Great Lakes Training &amp; Development Corporation</b> 3620 Wilgus Avenue Sheboygan, WI 5308</p>	<p>Phone: 1-920-208-5820 Website: <a href="http://www.sheboyganjobcenter.com">www.sheboyganjobcenter.com</a></p>
<p><b>N.E.W. Curative Rehabilitation Inc. – Senior Aides Program</b> 2900 Curry Lane PO Box 8027 Green Bay, WI 54308</p>	<p>Phone: 1-920-468-1161 Toll Free: 1-800-636-1161 Website: <a href="http://www.newcurative.org">www.newcurative.org</a></p>



# Employment (continued)

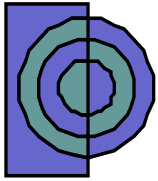
## Resource Guide

### Employment Assistance for Seniors (continued)

<b>State of Wisconsin - Division of Vocational Rehabilitation</b> 3620 Wilgus Avenue Sheboygan, WI 53081	Phone: 1-920-208-5855 Fax: 1-920-459-3855 Toll Free: 1-888-387-0408
--	---

### Employment Assistance for People with Disabilities

<b>Denning Supported Employment</b> 4111 North 30th Street Sheboygan, WI 53083	Phone: 1-920-457-1406 Email: <a href="mailto:denningemployment@att.net">denningemployment@att.net</a>
<b>Division of Vocational Rehabilitation</b> 3620 Wilgus Avenue Sheboygan, WI 53081	Phone: 1-920-208-5855 Fax: 1-920-459-3855 Toll Free: 888-387-0408
<b>Great Lakes Training and Development Corporation</b> 3620 Wilgus Avenue Sheboygan, WI 53081	Phone: 1-920-208-5820 Fax: 1-920-208-5819 Website: <a href="http://www.sheboyganjobcenter.com">www.sheboyganjobcenter.com</a>
<b>RCS Empowers, Inc.</b> 1305 St. Clair Avenue Sheboygan, WI 53081	Phone: 1-920-458-8261 Fax: 1-920-458-8361 Website: <a href="http://www.rcsemploymentservices.com">www.rcsemploymentservices.com</a> Email: <a href="mailto:employmentservices@rcsempowers.com">employmentservices@rcsempowers.com</a>

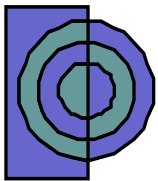


# Employment (continued)

## Resource Guide

### Employment Assistance for People with Disabilities (continued)

<p><b>TLC Homes, Inc.</b> 633 St. Clair Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-0826 Ext. 111 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a> Email: <a href="mailto:stevehendrikse@tlchomes.net">stevehendrikse@tlchomes.net</a></p>
<p><b>Veterans Office</b> Veteran's Benefits Contact: Charlene Cobb Courthouse Annex 615 N 6<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3053 Fax: 1-920-459-3055 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a> Walk-ins: Mon, Wed, Thurs 8:00-Noon &amp; 1:00-4:00, Tues 1:00-4:00 p.m., Friday 8:00-Noon (all other times by appointment only)</p>



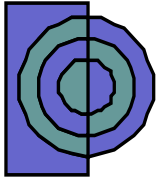
# Financial Assistance

## Resource Guide

The following agencies can be contacted if there are questions or help is needed with financial information or assistance.

### Organizations Providing Financial Assistance

<p><b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085 (Programs: Long-Term Care Services Funding, Senior Care – Prescription Drug Plan for Seniors, Homestead Tax Credit, Medicare Savings Plans)</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website : <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>
--	---

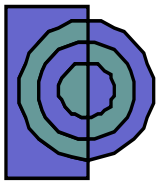


# Financial Assistance (continued)

## Resource Guide

### Organizations Providing Financial Assistance (continued)

<p><b>Advocacy Programs</b> (Guardianship &amp; Representative Payee) 1930 North 8<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-8840 Fax: 1-920-458-6864 Email: <a href="mailto:fsareppayee@yahoo.com">fsareppayee@yahoo.com</a></p>
<p><b>Badger Care Core Medicaid</b> (Medical Assistance and Food Share – for eligible Childless Adults only)</p>	<p>Phone: 1-800-291-2002 Website: <a href="http://www.access.wisconsin.gov">www.access.wisconsin.gov</a></p>
<p><b>City Development</b> (Home repair grants and low interest loans)</p> <p><b>City Hall</b> 828 Center Avenue, Suite 104 Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3377 Fax: 1-920-459-7302 Contact: Chad Pelishek Website: <a href="http://www.ci.sheboygan.wi.us">www.ci.sheboygan.wi.us</a></p>
<p><b>Consumer Credit Counseling of Family Services Association</b> 1930 North 8<sup>th</sup> Street Sheboygan, WI 53081 (Budgeting, Bill Paying, Credit Counseling, Mortgage Foreclosure Prevention, Housing Counseling)</p>	<p>Phone: 1-920-458-3784 Fax: 1-920-458-3785 Website: <a href="http://www.cccsonline.org">www.cccsonline.org</a> Email: <a href="mailto:cccs@excel.net">cccs@excel.net</a></p>

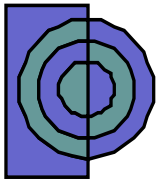


# Financial Assistance (continued)

## Resource Guide

### Organizations Providing Financial Assistance (continued)

<p><b>Economic Support</b> 3620 Wilgus Avenue Sheboygan, WI 53081 (apply for benefits: FoodShare, Medical Assistance, Medicare Premium Assistance)</p>	<p>Phone: 1-920-208-5856 (Ask for the Economic Support Intake Screener) Website: <a href="http://www.access.wisconsin.gov">www.access.wisconsin.gov</a></p>
<p><b>East Central Income Maintenance Partnership</b> 3620 Wilgus Avenue Sheboygan, WI 53081 (report changes, get information about your benefits)</p>	<p>Phone: 1-888-256-4563 Website: <a href="http://www.access.wisconsin.gov">www.access.wisconsin.gov</a> Monday to Friday 8:00 a.m. to 4:00 p.m.</p>
<p><b>Energy Assistance Economic Support</b> 3620 Wilgus Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3207 Call to schedule an appointment October 1 – May 15 each year</p>
<p><b>Medicare Insurance Counseling Medigap Helpline</b> 1402 Pankratz Street, Suite 111 Madison, WI 53704</p> <p>Website: <a href="http://www.dhs.wisconsin.gov/aging/BOALTC/MEDIGAP.HTM">www.dhs.wisconsin.gov/aging/BOALTC/MEDIGAP.HTM</a></p>	<p>Phone: 1-800-242-1060</p>
<p><b>Partners for Community Development</b> (Home Buyers, Home Rehab &amp; Weatherization) 1407 South 13<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1- 920-459-2780 Toll Free: 1-800-584-8172 Website: <a href="http://www.partners4cd.com">www.partners4cd.com</a></p>

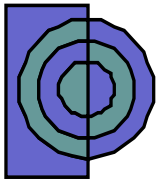


# Financial Assistance - continued

## Resource Guide

### Organizations Providing Financial Assistance (Continued)

<b>Plymouth Utilities</b> 12 South Milwaukee Street Plymouth, WI 53073	Phone: 1-920-893-1471
<b>Rebuilding Together</b> 1210 North 8 <sup>th</sup> Street Sheboygan, WI 53082	Phone: 1-920-452-9424 Website: <a href="http://www.rt-sheboygan.org">www.rt-sheboygan.org</a>
<b>Resource Management Representative Payee, LLC</b> PO Box 197 Kohler, WI 53044 (Representative Payee)	Phone: 1-920-918-8350 Email: <a href="mailto:rmpayee@charter.net">rmpayee@charter.net</a>
<b>Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081 (Rent, Utilities, Clothing, Furniture)	Phone: 1-920-458-3723 Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a>
<b>Sheboygan Falls Utilities</b> 375 Buffalo Street Sheboygan Falls, WI 53085 (apply at Economic Support)	Phone: 1-920-467-7900
<b>Social Security Administration</b> 606 North 9 <sup>th</sup> Street Sheboygan, WI 53081 (Retirement Benefits, Disability Insurance, Widow/Widowers, Supplemental Security Income- SSI)	Phone : 1-877-635-3549 Toll Free: 1-800-772-1213 Website: <a href="http://www.ssa.gov">www.ssa.gov</a>

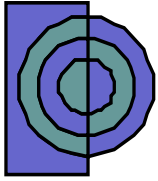


# Financial Assistance - continued

## Resource Guide

### Organizations Providing Financial Assistance (continued)

<p><b>United States Department of Agriculture &amp; Rural Development</b> (Home Buyers, Home Repairs – rural) W6529 Forest Avenue Fond du Lac, WI 54937</p>	<p>Phone: 1-920-907-2976 ext. 4 Website: <a href="http://www.rurdev.usda.gov/wi">www.rurdev.usda.gov/wi</a></p>
<p><b>Veterans Commission</b> (Assistance with rent, food, gas &amp; utilities for eligible veterans) <b>Courthouse Annex</b> 615 N 6<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3053 Walk-in hours: Monday &amp; Wednesday 8:00 to 10:30 a.m.  Contact: Fred Henckel</p>
<p><b>Veterans Office</b> (Veteran's Benefits) Contact: Charlene Cobb Courthouse Annex 615 North 6<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1- 920-459-3053 Fax: 1-920-459-3055 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a> Walk-ins: Mon, Wed, Thurs 8:00-Noon &amp; 1:00-4:00, Tues 1:00-4:00 p.m., Friday 8:00-Noon (all other times by appointment only)</p>
<p><b>WE Energies</b> 231 West Michigan Street Milwaukee, WI 53203 (Open 24 hrs/day mid August through September)</p>	<p>Phone: 1-800-242-9137 ext 3</p>

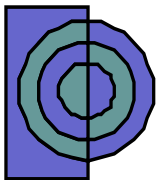


# Financial Assistance - continued

## Resource Guide

### Organizations Providing Financial Assistance (continued)

<b>Wisconsin Public Service</b> 933 South Wildwood Sheboygan, WI 53081	Phone: 1-800-450-7260
<b>Wisconsin Dept of Revenue</b> (Income Tax, Sales Tax, Withholding Tax, Homestead Tax Credit) 265 West Northland Avenue Appleton, WI 54911	Phone: 1-920-832-2727 Fax: 1-920-832-2909



# Funeral Services

## Resource Guide

Although not always an enjoyable topic, end-of-life issues and plans are important for families to discuss. Having discussed these issues and making plans before the time comes, helps relieve family members of extra burdens during their time of grieving. For a copy of "You're Not Alone," the Widow and Widower's Guide, contact the Aging and Disability Resource Center at 1-920-467-4100, or 1-800-596-1919, or website: [www.co.shboygan.wi.us](http://www.co.shboygan.wi.us).

### Types of Funerals

#### **Traditional Funeral**

Visitation, service, entombed or interred remains.

#### **Modified Traditional Funeral:**

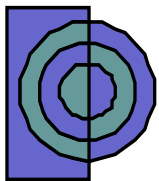
Abbreviated aspects of the funeral according to personal family preferences.

## Direct Disposition:

No visitation or funeral services are held with the body present. A memorial service can be held instead.

### Questions to Ask...

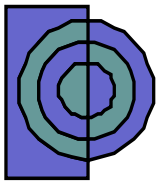
- Do we have to wait until a death occurs to make all of the funeral arrangements?
- How should I decide on what I should do?
- Why is pre-arranging and pre-paying important?
- What is needed to set up a burial trust?
- Will money in the burial trust be counted as an asset?



## Funeral Services - continued

### Resource Guide

Funeral Homes	
<b>Ballhorn</b> 1201 North 8th Street Sheboygan, WI 53081	Phone: 1-920-457-4455 Website: <a href="http://www.ballhornchapels.com">www.ballhornchapels.com</a>
<b>Habermann-Zimmer</b> 805 North 6th Street Sheboygan, WI 53081	Phone: 1-920-457-7012 Fax: 1-920-457-7013 Website: <a href="http://www.zimmerfuneralhome.com">www.zimmerfuneralhome.com</a>
<b>Lippert-Olson Funeral Home</b> 1132 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-452-1481 Website: <a href="http://www.lippertfuneralhome.com/">www.lippertfuneralhome.com/</a>
<b>Novak-Ramm-Ziegler Funeral Home</b> 1535 South 12th Street Sheboygan, WI 53081	Phone: 1-920-452-7711 Website: <a href="http://www.novakrammziegler.com/">www.novakrammziegler.com/</a>

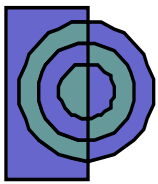


# Funeral Services - continued

## Resource Guide

### Funeral Homes (continued)

<b>Schneider Funeral Home @ Life Tributes</b> 123 South Street Plymouth, WI 53073	Phone: 1-920-892-2626 Website: <a href="http://www.schneiderlifetributes.com">www.schneiderlifetributes.com</a> Email: <a href="mailto:wittfsi@bizwi.rr.com">wittfsi@bizwi.rr.com</a>
<b>Stoltenberg Funeral Home</b> 1056 Hemlock Cleveland, WI 53015	Phone: 1-920-693-8741
<b>Suchon Funeral Home</b> 1317 State Road 67 Plymouth, WI 53073	Phone: 1-920-893-9797 Website: <a href="http://www.suchonfh.com">www.suchonfh.com</a>
<b>Wenig Funeral Home - Oostburg</b> 108 Center Avenue Oostburg, WI 53070	Phone: 1-920-564-2771 Fax: 1-920-467-4531 Website: <a href="http://www.wenigfuneralhome.com">www.wenigfuneralhome.com</a>
<b>Wenig Funeral Home - Sheboygan Falls</b> 711 Broadway Sheboygan Falls, WI 53085	Phone: 1-920-467-3431 Fax: 1-920-467-4531 Website: <a href="http://www.wenigfuneralhome.com">www.wenigfuneralhome.com</a> Email: <a href="mailto:wenig@wenigfuneralhome.com">wenig@wenigfuneralhome.com</a>
<b>Zimmer Westview Funeral and Cremation Care Center</b> W2132 Garton Road Sheboygan, WI 53083	Phone: 1-920-565-2331 Website: <a href="http://www.zimmerfuneralhome.com">www.zimmerfuneralhome.com</a>



# Home Health Care

## Resource Guide

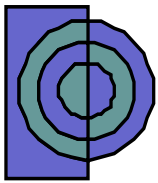
### Home Health Agency (Skilled Home Care)

Medical home health agencies provide services that include skilled nursing, physical/speech/occupational therapy, wound care, and IV management. A medical home health agency is licensed and required to meet State of Wisconsin standards. The Medicare and/or Medicaid Programs, or private insurance, may reimburse medical home health agency costs.

#### Questions to Ask...

- Does the nurse come at scheduled times?
- Are the services required covered by Medicare or Medicaid?
- Can the agency provide 24-hour coverage?
- What types of service does the agency provide?
- Does the agency conduct a background check on all employees?

<b>Medical Home Health Care</b>	
<b>Aurora Visiting Nurses Association of WI</b> 2636 Eastern Avenue Plymouth, WI 53073	Phone: 1-920-449-7600 Toll Free: 1-800-686-4314 Website: <a href="http://www.aurora.org">www.aurora.org</a>
<b>Cedar Home Health</b> 5505 County Road Z West Bend, WI 53095	Phone: 1-262-306-2691 Website: <a href="http://www.cedarathome.org">www.cedarathome.org</a> Email: <a href="mailto:cschepp@cedarcommunity.org">cschepp@cedarcommunity.org</a>
<b>Easy Living Home Health Care Agency</b> W175 N11117 Stonewood Drive Germantown, WI 53022	Phone: 1-920-994-9700 Website: <a href="http://www.elhhca.com">www.elhhca.com</a> Fax: 1-920-994-4606
<b>Heartland Home Care, Hospice, IV Care</b> 3120 South Business Dr #121 Sheboygan, WI 53081	Phone: 1-866-216-5708 Website: <a href="http://www.heartlandhospice.com">www.heartlandhospice.com</a>

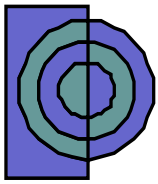


# Home Health Care - continued

## Resource Guide

### Medical Home Health Care (continued)

<b>Home and Hospice Advantage</b> 3325 Behrens Parkway Sheboygan, WI 53081	Phone: 1-920-452-1851 Toll Free: 1-866-720-5903 Fax: 1-920-452-1854 Website: <a href="http://www.hospiceadvantage.com">www.hospiceadvantage.com</a>
<b>ResCare Home Care</b> 93 South Pioneer Road Suite 100 Fond du Lac, WI 54935	Phone: 1-800-236-8079 Website: <a href="http://www.rescare.com">www.rescare.com</a>
<b>St. Nicholas Hospital Home Health &amp; Hospice</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-5770 Toll Free: 1-800-924-4110 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>
<b>Universal Home Health</b> 933 Erie Avenue, Suite 9 Sheboygan, WI 53081	Phone: 1-920-452-3370 Fax: 1-920-452-3380 Website: <a href="http://www.uhhci.com">www.uhhci.com</a>
<b>Walgreens Home Care</b> 1435 N 113 <sup>th</sup> Street Wauwatosa, WI 53226	Phone: 1-414-256-7234 Toll Free: 1-888-256-7234 Fax: 1-414-256-7215 Website: <a href="http://www.walgreenshealth.com">www.walgreenshealth.com</a>



### **Non-Medical Home Care**

Non-medical in-home agencies may offer a variety of services designed to assist a client to remain in his or her home. These agencies are not licensed as home health agencies by the State of Wisconsin and are not authorized to provide skilled care. They are, however, authorized to provide personal care, homemaker, and companionship services.

### **Homemaker/Companionship Services:**

Homemaker services generally can include meal preparation, shopping, bed making, laundry, general housecleaning, simple household repair (replace burned-out light bulb), personal assistance, running errands.

### **Personal Care Services:**

Personal care services generally consist of assistance with the following activities of daily living: grooming, bathing, dressing, personal hygiene, exercising, transferring, ambulation, adaptive equipment, supervision and support, monitoring and supervision for permanent risk, and assistance with medications.

### **Companion Services:**

Companionship services generally consist of providing supervision and minimal assistance to someone and often are used for respite when the main caregiver is out of the home.

### **Questions to Ask...**

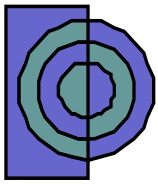
Are all employees insured and bonded?

Does the agency conduct a background check on all employees?

Who is responsible for providing back-up if a caregiver cannot cover a shift or does not show up?

How are the caregivers supervised?

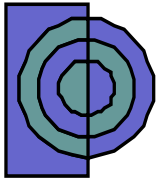
Are all caregivers employees of the agency?



# Home Health Care - continued

## Resource Guide

<b>Non-Medical Home Care for Seniors and People with Disabilities</b>	
<b>Cedar Home Health</b> 5505 County Road Z West Bend, WI 53095	Phone: 1-262-306-2691 Website: <a href="http://www.cedarathome.org">www.cedarathome.org</a>
<b>CGA (Caregiver Associates)</b> 3917 Mendocino Lane #109 Sheboygan, WI 53083 (24/7 non-medical live-in caregivers)	Phone: 1-920-606-3200 Website: <a href="http://www.cgafoxvalley.com">www.cgafoxvalley.com</a>
<b>Comfort Keepers</b> 809 North 8 <sup>th</sup> Street Suite 201 Sheboygan, WI 53081	Phone: 1-920-458-2806 Toll Free: 1-800-788-1078 Fax: 1-920-783-0220 Email: <a href="mailto:Sheboygan@comfortkeepers.com">Sheboygan@comfortkeepers.com</a> Website: <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>
<b>Companion Care</b> 1330 Blackwood Court Sheboygan, WI 53081	Phone: 1-920-458-6788 Toll Free: 1-888-294-3588 Fax: 1-920-458-6788 Website: <a href="http://www.companioncareofwi.com">www.companioncareofwi.com</a> Email: <a href="mailto:companioncareofwi@gmail.com">companioncareofwi@gmail.com</a>
<b>Embrace Care Management and Managed Home Care</b> 802 Michigan Avenue Sheboygan, WI 53085 Contact: Mary Pitsch	Phone: 1-920-451-6228 Fax: 1-920-451-6229 Website: <a href="http://www.embracecaremanagement.com">www.embracecaremanagement.com</a> Email: <a href="mailto:embrace_maryp@att.net">embrace_maryp@att.net</a>

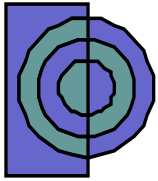


# Home Health Care - continued

## Resource Guide

### Non-Medical Home Care for Seniors and People with Disabilities (continued)

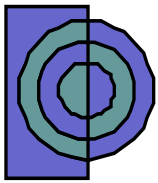
<p><b>GeminiCares</b> 435 East Mill Street Plymouth, WI 53073</p>	<p>Phone: 1-877-933-2760 Website: <a href="http://www.geminicares.com">www.geminicares.com</a> Email: <a href="mailto:shalverson@geminicares.com">shalverson@geminicares.com</a></p>
<p><b>Home Instead Senior Care</b> 708 Erie Avenue, Suite 6 Sheboygan, WI 53081 Contact: Kelli Campbell</p>	<p>Phone: 1-920-803-0188 Fax: 1-920-803-0180 Email: <a href="mailto:eldercare@hiscsheboygan.com">eldercare@hiscsheboygan.com</a> Website: <a href="http://www.homeinstead.com">www.homeinstead.com</a></p>
<p><b>Tender Hearts Senior Care</b> 2125 South Memorial Place Suite 3 Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-0791 Toll Free: 1-877-459-0791 Website: <a href="http://www.tenderheartsseniorcare.net">www.tenderheartsseniorcare.net</a> Email: <a href="mailto:info@tenderheartsseniorcare.net">info@tenderheartsseniorcare.net</a></p>
<b>* MA Personal Care Worker Program</b>	
<p><b>* Southern Home Care</b> 93 South Pioneer Road Suite 100 Fond du Lac, WI 54935</p>	<p>Phone: 1-800-236-8079 Website: <a href="http://www.rescare.com">www.rescare.com</a></p>
<p><b>* Sunset Home Senior Care (Hmong)</b> 2809 North 7<sup>th</sup> Street Sheboygan, WI 53083</p>	<p>Phone: 1-920-226-1832 Fax: 1-920-395-2120 Email: <a href="mailto:sunset.homecare@gmail.com">sunset.homecare@gmail.com</a></p>
<p><b>* Universal Home Health</b> 933 Erie Avenue, Suite 9 Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-3370 Fax: 1-920-452-3380 Website: <a href="http://www.uhhci.com">www.uhhci.com</a></p>



# Home Health Care - continued

## Resource Guide

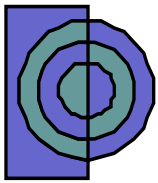
<b>Non-Medical Home Care for People with Disabilities</b>	
<b>Adult Care Consultants</b> 21 East 2 <sup>nd</sup> Street, Suite 102 Fond du Lac, WI 54935 Contact: Bev Gudex	Phone: 1-920-322-6480 Website: <a href="http://www.adultcareconsultants.com">www.adultcareconsultants.com</a> Email: <a href="mailto:bev.gudex@adultcareconsultants.com">bev.gudex@adultcareconsultants.com</a>
<b>Cognitive Concepts, Inc.</b> 4027 S. Business Drive Sheboygan, WI 53081	Phone: 1-920-457-0453 Fax: 1-920-457-0453 Email: <a href="mailto:cogconcepts@yahoo.com">cogconcepts@yahoo.com</a>
<b>Homes for Independent Living of Wisconsin, LLC</b> 1201 Michigan Avenue Sheboygan, WI 53081	Phone: 1-920-459-9554 ext 201 Website: <a href="http://www.hil-wi.com">www.hil-wi.com</a> Email: <a href="mailto:mwangemann@hil-wi.com">mwangemann@hil-wi.com</a>
<b>Mental Health Services, Inc.</b> 1117 Clara Avenue Sheboygan, WI 53081	Phone: 1-920-459-8287 Email: <a href="mailto:pam.tegrotenhuis@hayoo.com">pam.tegrotenhuis@hayoo.com</a>
<b>Newer Beginnings Home Support</b> 708 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-980-3531 Fax: 1-920-208-1602
<b>Our Home Christian Ministries</b> PO Box 700065 Oostburg, WI 53070	Phone: 1-920-564-6933 Fax: 1-920-564-3705



# Home Health Care – continued

## Resource Guide

Agency	Transportation	Homemaker/ Companion	Personal Care	Telephone Reassurance	Respite	24 - Hr Care
<b>Adult Care Consultants</b>	X	X		X		X
<b>Cedar Home Health</b>	X	X	X		X	
<b>CGA (Caregiver Associates)</b>	X	X	X	X	X	X
<b>Cognitive Concepts</b>	X			X		X
<b>Comfort Keepers</b>	X	X	X	X	X	X
<b>Companion Care</b>	X	X	X		X	X
<b>Embrace</b>	X	X	X	X	X	X
<b>GeminiCares</b>	X	X	X	X	X	X
<b>Home Instead Senior Care</b>	X	X	X		X	X
<b>Mental Health Services</b>	X	X	X	X	X	
<b>Newer Beginnings Home Support</b>	X	X	X		X	
<b>Our Home Christian Ministries</b>	X	X	X		X	
<b>Southern Home Care</b> (personal care only)			X			
<b>Sunset Home Senior Care</b>	X	X	X	X		X
<b>Tender Hearts</b>	X	X	X	X	X	X
<b>Universal Home Health</b>		X	X	X		



# Home Health Care - continued

## Resource Guide

### Non-Medical Home Care – Other Chore Services and Support

(Personal Care In-Home Services: lawn cutting, window washing, wall washing, snow blowing, phone, visits, etc.)

#### **Handy Helpers/ Chore Services**

(Personal Care In-Home Services: lawn cutting, window washing, snow blowing, etc.)

#### **Aging and Disability Resource Center of Sheboygan County**

650 Forest Avenue  
Sheboygan Falls, WI 53085

Phone: 1-920-467-4100

Toll Free: 1-800-596-1919

Website : [www.co.sheboygan.wi.us](http://www.co.sheboygan.wi.us)

#### **Peer Friends**

650 Forest Avenue  
Sheboygan Falls, WI 53085

Phone: 1-920-467-4100 or

1-800-596-1919

Website: [www.co.sheboygan.wi.us](http://www.co.sheboygan.wi.us)

#### **Telephone Reassurance - Aging and Disability Resource Center**

#### **Of Sheboygan County**

650 Forest Avenue  
Sheboygan Falls, WI 53085

Phone: 1-920-467-4100 or

1-800-596-1919

Website: [www.co.sheboygan.wi.us](http://www.co.sheboygan.wi.us)

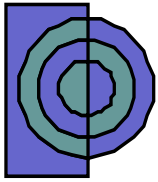
#### **United Way 2-1-1**

211 accessible 24 hours a day for connection to community services.

Phone: 211

Toll Free: 1-800-924-5514

Website: [www.211now.org](http://www.211now.org)



# Home Medical Equipment

## Resource Guide

Durable medical equipment are items that allow individuals to complete an activity of daily living that their illness or condition does not allow them to do without assistance. The equipment can include, but is not limited to, canes, crutches, walkers, wheelchairs, bed tables, hospital beds, patient lifts, hearing aids, braces, prosthetics, commodes, oxygen and other respiratory aids. This equipment can be purchased or rented privately or may be covered by insurance, Medicare, and Medical Assistance.

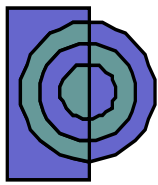
### Questions to Ask...

Does the provider accept assignment of Medicare and Medical Assistance?

Does the provider do repairs on-site or does the equipment need to be sent away?

If the equipment breaks down after-hours or on the weekend, is the provider able to provide repairs or replacement equipment?

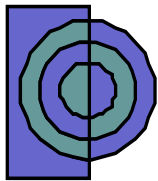
<b>Organizations Providing Durable Medical Equipment in Sheboygan County</b>	
<b>A&amp;J Mobility</b> 333 Washington Street Valders, WI 54245  (Accessible vehicles –purchase or rental)	Phone: 1-920-775-9333 Toll Free: 1-888-775-7750 Ext. 304 Website: <a href="http://www.aandjmobility.com">www.aandjmobility.com</a>
<b>Aurora Visiting Nurse - Partners In Care</b> 3313 Behrens Parkway Sheboygan, WI 53081	Toll Free: 1-866-853-3559



# Home Medical Equipment – continued

## Resource Guide

Organizations Providing Durable Medical Equipment in Sheboygan County (continued)	
<b>Comfort Keepers – T.E.P.P.</b> 809 North 8 <sup>th</sup> Street, Suite 201 Sheboygan, WI 53081 Vouchers Applications – telecommunication equipment (amplified telephones)	Phone: 1-920-458-2806 Toll Free: 1-800-788-1078 Fax: 1-920-783-0220 Website: <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>
<b>Erickson Mobility</b> 644 Valley Road Menasha, WI 54952	Toll Free: 1-800-731-7910 Fax: 1-920-731-9620 Website: <a href="http://www.myericksonmobility.com">www.myericksonmobility.com</a>
<b>Glander Prescription Drug</b> 3529 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-459-2755 Toll Free: 1-800-594-9143 Fax: 1-920-803-7519
<b>HomeCare Resources</b> 2922 South Business Drive Sheboygan, WI 53081	Phone: 1-920-458-5768 Toll Free: 1-888-810-7575 Website: <a href="http://www.hcmedicalequipment.com">www.hcmedicalequipment.com</a>
<b>J&amp;B Medical Supply</b> 50496 West Pontiac Trail Wixom, MI 48393 (Medical provider for diabetic supplies and incontinence products)	Toll Free: 1-800-737-0045 Fax: 1-800-737-0012 Website: <a href="http://www.jandbmedical.com">www.jandbmedical.com</a>
<b>Options for Independent Living, Inc.</b> 555 County Club Road Green Bay, WI 54307 (Residential, computer, worksite, and assistive technology assessments)	Phone: 1-920-490-0500 Toll Free: 1-888-465-1515 Fax: 1-920-490-0700 TTY: 1-920-490-0600 Website: <a href="http://www.optionsil.com">www.optionsil.com</a>
<b>St. Vincent De Paul</b> 4215 State Hwy 42 North Sheboygan, WI 53083	Phone: 1-920-457-4844 Fax: 1-920-694-0279 Email: <a href="mailto:stvincent@excel.net">stvincent@excel.net</a>

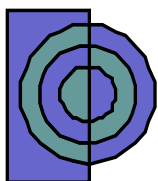


# Home Medical Equipment – continued

## Resource Guide

### Organizations Providing Durable Medical Equipment in Sheboygan County (continued)

<b>Walgreens Home Care</b> 1435 N 113 <sup>th</sup> Street Wauwatosa, WI 53226	Toll Free: 1-888-256-7234 Fax: 1-888-246-6510 Website: <a href="http://www.walgreenshealth.com">www.walgreenshealth.com</a>
<b>WisTech (Wisconsin’s Assistive Technology Program)</b> 555 County Club Road Green Bay, WI 54307	Phone: 1-920-490-0500 Toll Free: 1-888-465-1515 TTY: 1-920-490-0600 Website: <a href="http://www.optionsil.com">www.optionsil.com</a>



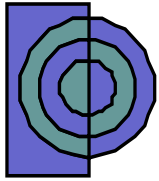
# Hospice/Palliative Care

## Resource Guide

Hospice provides services to someone who is diagnosed with a terminal illness, has a limited life expectancy, and is no longer seeking aggressive treatment. Hospice provides a variety of services focusing on quality of life including, but not limited to, skilled nursing care, care management, medications, home health aide services, in-home respite, inpatient respite, durable medical equipment and bereavement counseling. Palliative Care provides services to someone who has a serious, chronic or life limiting illness. Services focus on quality of life, including symptom management and can begin at any stage of the illness.

### Questions to Ask...

- How are the caregivers supervised?
- Does the agency provide 24-hour coverage?
- What types of services does the agency provide?
- Does a nurse come in every day?
- What if I change my mind and I want treatment?
- What kind of help will my family receive?

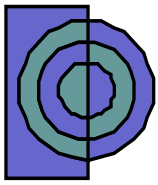


# Hospice/Palliative Care – continued

## Resource Guide

**\*Palliative care is provided, as well as hospice care**

<b>Hospice</b>	
<b>*Aurora Visiting Nurse Association of WI</b> 2636 Eastern Avenue Plymouth, WI 53073	Phone: 1-920-449-7600 Toll Free: 1-800-686-4314 Website: <a href="http://www.aurora.org">www.aurora.org</a>
<b>*Cedar Home Health &amp; Hospice</b> 5505 County Road Z West Bend, WI 53095	Phone: 1-262-306-2691 Website: <a href="http://www.cedarathome.org">www.cedarathome.org</a> Email: <a href="mailto:cschepp@cedarcommunity.org">cschepp@cedarcommunity.org</a>
<b>*Heartland Home Health and Hospice</b> 3120 South Business Drive #121 Sheboygan, WI 53081	Toll Free: 1-866-216-5708 Website: <a href="http://www.hcr-manorcare.com">www.hcr-manorcare.com</a>
<b>Home and Hospice Advantage</b> 3325 Behrens Parkway Sheboygan, WI 53081	Phone: 1-920-452-1851 Toll Free: 1-866-720-5903 Fax: 1-920-452-1854 Website: <a href="http://www.hospiceadvantage.com">www.hospiceadvantage.com</a>
<b>*Sharon S. Richardson Community Hospice</b> W2850 State Road 28 Sheboygan Falls, WI 53085 (residential respite available)	Phone: 1-920-467-1800 Fax: 1-920-467-1900 Website: <a href="http://www.ssrhospicehome.org">www.ssrhospicehome.org</a>
<b>*St. Nicholas Hospital Home Health &amp; Hospice</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone :1-920-457-5770 Toll Free: 1-800-924-4110 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>

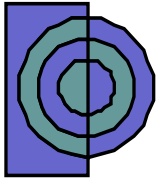


# Hospitals/Medical Centers

## Resource Guide

There are two hospitals located in Sheboygan serving the Sheboygan County area. They are full-service hospitals and provide a wide variety of services. For more information regarding services provided, please contact the hospitals directly.

<b>Hospital/Medical Centers</b>	
<b>Aurora Sheboygan Memorial Medical Center</b> 2629 North 7th Street Sheboygan, WI 53083	Phone: 1-920-451-5000 Website: <a href="http://www.aurora.org">www.aurora.org</a>
<b>Community-Based Outpatient Clinic (VA Hospital)</b> 1205 North Avenue Cleveland, WI 53015	Phone: 1-920-693-5600 Toll Free: 1-877-693-5699 Website: <a href="http://www.milwaukee.va.gov">www.milwaukee.va.gov</a>
<b>St. Nicholas Hospital</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-459-8300 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>
<b>Free Clinic</b>	
<b>Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081 (Rent, Utilities, Clothing, Furniture)	Phone: 1-920-458-3723 Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a>
<b>Public Health</b>	
<b>Sheboygan County Division of Public Health</b> 1011 North 8 <sup>th</sup> Street Sheboygan, WI 53081 (Information regarding communicable diseases, smoking cessation, and health promotion)	Phone: 1-920-459-4382 Toll Free: 1-800-596-1919 ext 4382 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a> Email: <a href="mailto:publichealth@co.sheboygan.wi.us">publichealth@co.sheboygan.wi.us</a>



# Hospitals/Medical Centers - continued

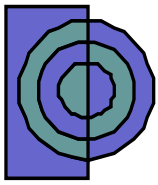
---

## Resource Guide

If you are concerned that you or someone you know may have memory loss, dementia, and/or Alzheimer's Disease, contact your local family doctor or neurologist. For more information, you may also call the Alzheimer's Association 24/7 helpline at 1-800-272-3900 or visit the Alzheimer's Association website at [www.alz.org/sewi](http://www.alz.org/sewi).

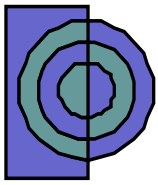
Diagnostic Clinics provide specific assessments to determine the exact type of dementia. Treatment plans vary based on the cause of memory loss. Early detection allows individuals to receive maximum benefit from available treatments.

<b>Diagnostic Clinic for Memory Loss</b>	
<b>HFM Behavioral Health</b> 339 Reed Avenue Manitowoc, WI 54221 Dr. Cameron Goetz	Phone: 1-920-320-8600 Website: <a href="http://www.hfmhealth.org">www.hfmhealth.org</a>
<b>Prevea Health East</b> 3860 Monroe Road DePere, WI 54115 Dr. Tracy Sherman	Phone: 1-920-431-1940 Toll Free: 1-888-277-3832 Fax: 1-920-431-1950 Website: <a href="http://www.prevea.com">www.prevea.com</a>
<b>West Bend Clinic</b> 1700 West Paradise Drive West Bend, WI 53095 Dr. Lawrence Sullivan Dr. Geroulis	Phone: 1-262-836-6200 Toll Free: 1-800-825-0513 Fax: 1-262-338-2139

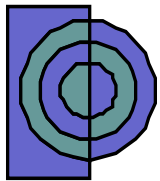


The following is a listing of low-income housing options available in Sheboygan County.

<b>Subsidized Rental Housing Projects City of Sheboygan</b>	
<b>Covenant House</b> 3212 Saemann Avenue Sheboygan, WI 53081	Phone: 1-920-452-0880
<b>Niagara Heights</b> 820 North 9 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-803-8901 Email: <a href="mailto:mlwatters@sbcglobal.net">mlwatters@sbcglobal.net</a>
<b>Park Plaza</b> 909 Ontario Avenue Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Riverview Apartments</b> 2119 Erie Avenue Sheboygan, WI 53081	Phone: 1-888-962-7711 (Management) or Phone: 1-920-452-7701 (Site)
<b>St. Nicholas Apartments</b> 916 Huron Avenue Sheboygan, WI 53081	Phone: 1-920-452-7521 Email: <a href="mailto:mlwatters@sbcglobal.net">mlwatters@sbcglobal.net</a>
<b>Tamarack</b> 2201 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Wasserman Hi-Rise</b> 611 North Water Street Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>

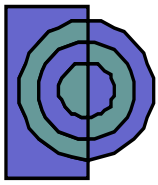


<b>Subsidized Rental Housing Projects Outside City of Sheboygan</b>	
<b>Cascade Manor</b> 127 North Milwaukee Street Cascade, WI 53011	Phone: 1-920-528-8439
<b>Country Harbor</b> 725 Spring Street Random Lake, WI 53075	Phone: 1-262-781-2080
<b>DeGelder Huis</b> 336 North Main Street Cedar Grove, WI 53013	Phone: 1-920-459-9333
<b>Hawthorne Woods Apartment</b> 430 North Highland Avenue Plymouth, WI 53073	Phone: 1-920-893-8319
<b>Lincoln Apartments 1 &amp; 2</b> 715-801 South Lincoln Drive Howards Grove, WI 53083	Phone: 1-920-459-9333
<b>Midtown Manor</b> 119 South 11 <sup>th</sup> Street Oostburg, WI 53070	Phone: 1-920-564-2806 Email: <a href="mailto:rlemko@aol.com">rlemko@aol.com</a>
<b>Quit Qui Oc Manor</b> 1214 Reed Street Plymouth, WI 53073	Phone: 1-920-893-5133
<b>Richland Apartments</b> 115 North 15 <sup>th</sup> Street Oostburg, WI 53070	Phone: 1-920-564-2806 Email: <a href="mailto:rlemko@aol.com">rlemko@aol.com</a>
<b>Rochester Springs</b> 915 Broadway Sheboygan Falls, WI 53085	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Zion Community Apartment</b> 210 1 <sup>st</sup> Avenue Adell, WI 53001	Phone: 1-920-892-2936 Contact: Mary Kempf



<b>Subsidized Rental Housing Projects – For Families City of Sheboygan</b>	
<b>Camelot Manor</b> 2332 Carmen Avenue Sheboygan, WI 53081	Phone: 1-920-452-3986
<b>Eisner Court</b> 3427B Eisner Court Sheboygan, WI 53083	Phone: 1-920-452-6215
<b>Georgia Avenue Apartments</b> 2600-2702 Georgia Avenue Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Parkwood Village</b> 3602 South 12 <sup>th</sup> Street, Apt. A Sheboygan, WI 53081	Phone: 1-920-452-3986

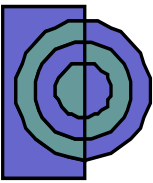
<b>Subsidized Rental Housing Projects – For Families Outside City of Sheboygan</b>	
<b>Amherst Court Apartments</b> 110 Amherst Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-7121
<b>Fairview Crossing Apartments</b> 728 Pleasant View Road Plymouth, WI 53073	Phone: 1-920-892-8603
<b>Hawthorne Woods Apartments</b> 432 North Highland Avenue Plymouth, WI 53073	Phone: 1-920-893-8319



# Housing - continued

## Resource Guide

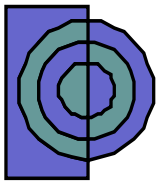
<b>Affordable Housing - City of Sheboygan</b>	
<b>Garton Toy Factory Apartments</b> 830 North Water Street Sheboygan, WI 53081	Phone: 1-920-208-6044
<b>Leverenz Building</b> 531 South 8 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-452-7276 Website: <a href="http://www.sheboyganhistoricalapartments.com">www.sheboyganhistoricalapartments.com</a>
<b>Partners Sunnyside Townhouses</b> 1024 Weeden Creek Road Sheboygan, WI 53081	Phone: 1-920-459-9299 Email: <a href="mailto:sunnyside@partners4cd.com">sunnyside@partners4cd.com</a> Contact: Dawn Zoerner
<b>Riverwalk Apartments</b> 828 North Water Street Sheboygan, WI 53081	Phone: 1-920-208-6044
<b>Senior Apartments</b>	
<b>Briarwood Cottages</b> 530 South Pleasantview Road Plymouth, WI 53073	Phone: 1-920-892-1116
<b>Cedar Landing at Elkhart Lake</b> 101 Cedar Lane Elkhart Lake, WI 53020	Phone: 1-920-876-4050 Fax: 1-920-876-4051 Website: <a href="http://www.cedarlanding.org">www.cedarlanding.org</a> Email: <a href="mailto:msmith@cedarcommuntiy.org">msmith@cedarcommuntiy.org</a>
<b>Colonial Columns</b> 611 Appleton Street Plymouth, WI 53073	Phone: 1-920-892-2983
<b>Landmark Square Senior Community Housing</b> 832 North 6 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-2137 Ext. 813 Website: <a href="http://www.landmarksquare.org">www.landmarksquare.org</a> Email: <a href="mailto:jkleist@retiresheboygan.com">jkleist@retiresheboygan.com</a>
<b>Mapledale Senior Housing</b> 4205 Cherrywood Court Sheboygan, WI 53081	Phone: 1-920-451-1810 or 1-920-451-0993 Website: <a href="http://www.midwestrents.com">www.midwestrents.com</a>



# Housing - continued

## Resource Guide

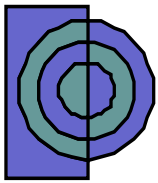
<b>Senior Apartments (continued)</b>	
<b>Taylor Park Senior Apartments</b> 826 Taylor Parkway Sheboygan, WI 53081	Phone: 1-920-458-2099 Website: <a href="http://www.taylorparkliving.com">www.taylorparkliving.com</a>
<b>Regency House</b> 919 Wisconsin Avenue Sheboygan, WI 53081	Phone: 1-920-452-2009 Website: <a href="http://www.hometownapartmentcommunities.com">www.hometownapartmentcommunities.com</a>
<b>South Horizon Senior Living</b> 930 East Clifford Street Plymouth, WI 53073	Phone: 1-920-893-2485 Website: <a href="http://www.southhorizonseniorliving.com">www.southhorizonseniorliving.com</a>
<b>Waterview</b> 910 North 10 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-208-8824 Website: <a href="http://www.horizondbm.com">www.horizondbm.com</a>
<b>Senior Condos</b>	
<b>Landmark Square Senior Community Housing</b> 832 North 6 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-2137 Ext. 813 Website: <a href="http://www.landmarksquare.org">www.landmarksquare.org</a> Email: <a href="mailto:jkleist@retiresheboygan.com">jkleist@retiresheboygan.com</a>
<b>Rooming House / Efficiency Apartments</b>	
<b>Embers</b> 3615 South Business Drive Sheboygan, WI 53081	Phone: 1-920-980-8585
<b>Enz Manor</b> 919 North 5 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-262-821-2164
<b>Fischer Pool Hall</b> 912 Indiana Avenue Sheboygan, WI 53081	Phone: 1-920-458-0528 Contact: Carol Fischer
<b>Superior Manor</b> 1427 North 10 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-459-7441 Call weekdays between 3:00 p.m. to 5:00 p.m.



# Housing - continued

## Resource Guide

<b>Low Income Housing Services - Including Emergency Services City of Sheboygan</b>	
<b>Bridgeway</b> 1251 Geele Avenue Sheboygan, WI 53081 Transitional Housing for women and children	Phone: 1-920-457-7272 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a>
<b>Safe Harbor</b> 929 Niagara Avenue Sheboygan, WI 53081 (Emergency housing for victims of domestic violence and sexual assault)	Phone: 1-920-452-7640 or 1-800-499-7640 (24 Hour Crisis Line)
<b>Lakeshore Community Action Program</b> 1441 North Taylor Drive, Suite C Sheboygan, WI 53081	Phone: 1-920-803-6991 Emergency housing rental assistance and case management Services
<b>Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081  (Emergency Lodging and/or financial assistance for Sheboygan, Sheboygan Falls, Kohler, and Howards Grove)	Phone: 1-920-458-3723 Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a>  Walk-in: Tuesday 1:00-3:00 p.m. Friday 8:30-9:30 a.m. (first 8-10 people served)
<b>Sheboygan Housing Authority</b> 611 North Water Street Sheboygan, WI 53081 (Subsidized Housing & Choice Voucher Program-city of Sheboygan)	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Society of St. Vincent De Paul</b> 4215 Highway 42 North Sheboygan, WI 53083	Phone: 1-920-457-4844 Various financial programs for emergency housing

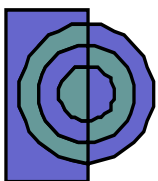


# Housing - continued

## Resource Guide

### Low Income Housing Services - Including Emergency Services Outside City of Sheboygan

<p><b>Bread of Life Assistance Center (Extension of Salvation Army)</b>          110 East Mill Street          Plymouth, WI 53073          (Various financial programs for emergency housing for all other Sheboygan County communities except Sheboygan, Sheboygan Falls, Kohler, and Howards Grove)</p>	<p>Phone: 1-920-893-4076          Hours:          Tuesday &amp; Wednesday          10:00 a.m. – 3:00 p.m.          Thursday          10:00 a.m. – 1:00 p.m.</p>
<p><b>Plymouth Housing Authority</b>          1214 Reed Street          Plymouth, WI 53073</p>	<p>Phone: 1-920-893-5133</p>
<p><b>Horizon Management Group, Inc.</b></p>	<p>Phone: 1-800-333-8250          Subsidized Housing &amp; Choice Voucher Program-Outside of the City of Sheboygan</p>



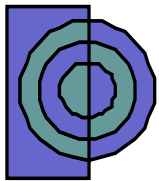
# Legal/Advocacy Assistance

## Resource Guide

The following agencies can provide some limited legal advice and/or advocacy. Please contact them directly or contact the Aging and Disability Resource Center for more specific information.

### Legal/Advocacy Services (continued)

<p><b>Coalition of Wisconsin Aging Groups (CWAG)</b> (Adults 60 years or older)          Statewide advocacy group for adults 60 years or older</p>	<p>Toll Free: 1-800-488-2596          Website: <a href="http://www.cwag.org">www.cwag.org</a></p>
--	---

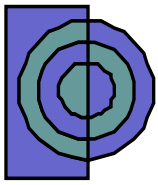


# Legal/Advocacy Assistance (continued)

## Resource Guide

### Legal/Advocacy Services (continued)

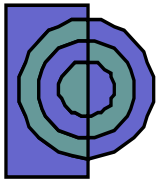
<p><b>DAAN (Disability Advocacy Action Network)</b>  <b>Options for Independent Living</b>          PO Box 11967          Green Bay, WI 54307-1967</p>	<p>Phone: 1-920-490-0500 ext 108          Toll Free: 1-888-467-1515 ext 108          Website: <a href="http://www.optionsil.com">www.optionsil.com</a>          Email: <a href="mailto:byiam@optionsil.org">byiam@optionsil.org</a>          Meets at Job Center 3<sup>rd</sup>          Wednesday of the month          5:00 to 7:00 p.m.          Contact Person: Byia Martin</p>
<p><b>Disability Rights Wisconsin</b>          (Adults age 18-59)          131 W Wilson Street, Suite 700          Madison, WI 53703</p>	<p>Phone: 1-608-267-0214          Toll Free: 1-800-928-8778          Website:  <a href="http://www.disabilityrightswi.org">www.disabilityrightswi.org</a></p>
<p><b>Elder Benefit Specialist, Disability Benefit Specialist</b>  <b>Aging and Disability Resource Center of Sheboygan County</b>          650 Forest Avenue          Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 or 1-800-596-1919          Website :  <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>
<p><b>Guardianship Support Center</b>          (Statewide resource for guardianship related issues)</p>	<p>Toll Free: 1-800-488-2596 ext 4          Website: <a href="http://www.cwag.org">www.cwag.org</a></p>
<p><b>Legal Action of Wisconsin</b>          (Services to low income persons)          404 North Main Street, Suite 702          Oshkosh, WI 54901</p>	<p>Phone: 1-920-233-6521          Toll Free: 1-800-236-1128          Website: <a href="http://www.badgerlaw.net">www.badgerlaw.net</a></p>



# Legal/Advocacy Assistance – cont.

## Resource Guide

Legal/Advocacy Services (continued)	
<b>National Academy of Elder Law Attorneys</b> (Attorneys specializing in law related to adults 60 years and older.)	Phone: 1-703-942-5711 Website: <a href="http://www.NAELA.org">www.NAELA.org</a>
<b>Ombudsman-Family Care</b> (Adults age 18-59)	Phone: 1-608-267-0214 Toll Free: 1-800-928-8778 Website: <a href="http://www.disabilityrightswi.org">www.disabilityrightswi.org</a>
<b>Ombudsman- Long Term Care</b> (Nursing Home and CBRF Complaints – Adults 60 years or older) <b>Board on Aging &amp; Long Term Care</b> 1402 Pankratz Street, Suite 111 Madison, WI 53704	Phone: 1-262-251-4004 Toll Free: 1-800-815-0015 Email: <a href="mailto:rachael.schweitzer@wisconsin.gov">rachael.schweitzer@wisconsin.gov</a>
<b>Tenant Resource Center</b> (Free counseling regarding rental rights)	Phone: 1-877-238-7368 Website: <a href="http://www.tenantresourcecenter.org">www.tenantresourcecenter.org</a> Email: <a href="mailto:asktrc@tenantresourcecenter.org">asktrc@tenantresourcecenter.org</a>
<b>Wisconsin Bar Association Lawyer Referral</b> P.O. Box 7158 Madison, WI 53707	Phone: 1-800-362-9082 Website: <a href="http://www.legalexplora.com">www.legalexplora.com</a>

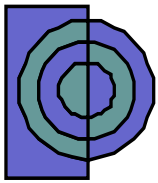


# Mental Health Services

## Resource Guide

The following organizations provide a variety of services including counseling, therapy and support groups.

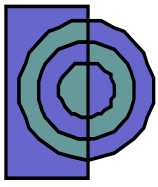
<b>Mental Health Services</b>	
<b>Alcoholics Anonymous (Alanon) - 1907 Club</b> 2908 North 21st Street Sheboygan, WI 53083	Phone: 1-920-457-9633
<b>Alcoholics Anonymous Narcotics Anonymous Rightway Club</b> 4627 South 12th Street Sheboygan, WI 53081	Phone: 1-920-452-3375
<b>Associated Psychological Health Services</b> 2808 Kohler Memorial Drive Sheboygan, WI 53081	Phone: 1-920-457-9192 Fax: 1-920-208-7226 Email: <a href="mailto:tobywatson@abcmedsfree.com">tobywatson@abcmedsfree.com</a> Website: <a href="http://www.abcmedsfree.com">www.abcmedsfree.com</a>
<b>Aurora Sheboygan Clinic- Mental Health</b> 2414 Kohler Memorial Drive Sheboygan, WI 53083	Phone: 1-920-457-4461
<b>Bridge Point Health- Sheboygan</b> 3425 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-458-5557 Fax: 1-920-458-2692 Website: <a href="http://www.bphealth.org">www.bphealth.org</a>
<b>Catholic Charities</b> 503 Wisconsin Avenue Sheboygan, WI 53081	Phone: 1-920-458-5726 Fax: 1-920-458-5826 Website: <a href="http://www.ccmke.org">www.ccmke.org</a>
<b>Div of Community Programs Crisis Number (24-hr number) - 1011 North 8th Street Sheboygan, WI 53081</b>	Phone: 1-920-459-3151 Website: <a href="http://www.familyservicesnew.org/crisis-center">www.familyservicesnew.org/crisis-center</a>



# Mental Health Services – continued

## Resource Guide

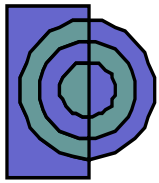
<b>Mental Health Services (Continued)</b>	
<b>Domestic Violence Center - Safe Harbor</b>	Phone: 1-920-452-7640 Website: <a href="http://www.sheboygansafeharbor.org">www.sheboygansafeharbor.org</a>
<b>Libertas of Sheboygan</b> 2108 Kohler Memorial Drive Sheboygan, WI 53081 (provides substance abuse treatment)	Phone: 1-920-803-0740 Fax: 1-920-803-0739
<b>Lighthouse Therapy Services</b> 314 Niagara Avenue Sheboygan, WI 53081	Phone: 1-920-451-8667 Fax: 1-920-451-8799 Website: <a href="http://www.lighthousetherapyllc.com">www.lighthousetherapyllc.com</a> Email: <a href="mailto:sheboyganlighttherapy@gmail.com">sheboyganlighttherapy@gmail.com</a>
<b>Lutheran Social Services</b> 706 North 9 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-7100
<b>Mental Health America</b> 2020 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-458-3951 Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a>
<b>Nett-Work Family Counseling, LLC</b> 2801 Calumet Drive Sheboygan, WI 53083	Phone: 1-920-451-6908 Website: <a href="http://www.nett-workfamilycounseling.org">www.nett-workfamilycounseling.org</a>
<b>Novo Counseling LLC</b> 833 Pennsylvania Avenue Suite 103 Sheboygan, WI 53081	Phone: 1-414-333-8088 Website: <a href="http://www.novocounseling.com">www.novocounseling.com</a>



# Mental Health Services – continued

## Resource Guide

Mental Health Services (continued)	
<p><b>Peer Friends – Aging and Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 or 1-800-596-1919 Website : <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>
<p><b>Phoenix Behavioral Health</b> 807 Center Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-682-1131 Website: <a href="http://www.phoenixbhc.com">www.phoenixbhc.com</a> Email: <a href="mailto:info@phoenixbhc.com">info@phoenixbhc.com</a></p>
<p><b>Senior Solutions</b> 428 Wisconsin Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-8587 Fax: 1-920-208-3807 Email: <a href="mailto:wopperma@lsswis.org">wopperma@lsswis.org</a></p>
<p><b>Sheboygan County Division of Community Programs</b> 1011 North 8<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3155</p>
<p><b>Turning Point Crisis/Diversion Program – Adult Services</b> 1202 North 31<sup>st</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-6188 <b><u>Admission by referral only:</u></b> contact SCHHS at 920-459-3155 or Family Services of NE WI Inc. Mobile Crisis Program at 920-459-3151</p>
<p><b>Veterans Counseling Veterans Office Courthouse Annex</b> 615 North 6<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-414-536-1301 (by appointment only)  Contact: Rodney Purcell (Veterans Counselor)</p>
<p><b>Wholistic Health Counseling Services</b> 5934 South Business Drive Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-9277, Website: <a href="http://www.wholistichealthcenter.org">www.wholistichealthcenter.org</a></p>



# Nursing Homes/ Skilled Nursing Facilities

---

## Resource Guide

Skilled nursing facilities provide long-term care for people who require assistance with their daily needs. In addition, many now offer shorter rehabilitation services to return individuals to their highest level of functioning and independence. Others may offer respite care, hospice care or specialized dementia units.

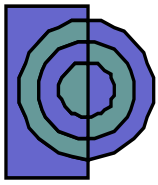
### Questions to Ask...

- Is a doctor visit required before admission?
- Are there activities and do I have to go?
- Can my friends or relatives visit?
- Am I still able to make my own decisions?
- Will I have privacy?
- Will I be able to afford it and, if not, where can I get assistance?

The Alzheimer's Association of Southeastern Wisconsin sent a Memory Care survey to define the level of care for persons with dementia to all Assisted Living and Skilled Nursing facilities. If you are seeking a residential placement for someone with Alzheimer's Disease or other related dementia, you may find results from facilities that completed and returned the survey by contacting the Alzheimer's Association at 1-800-272-3900.

Please check the website address listed below to find and compare Medicare and Medicaid-certified Nursing Homes:

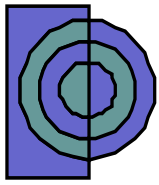
[www.medicare.gov](http://www.medicare.gov)



# Nursing Homes/Skilled Nursing Facilities – continued

## Resource Guide

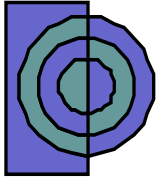
<b>Skilled Nursing Facilities in Sheboygan County</b>	
<b>Beechwood Rest Home</b> N1495 West Highway A Kewaskum, WI 53040	Phone: 1-920-994-4717 or 1-262-626-4258
<b>Golden Living Center</b> 3129 Michigan Avenue Sheboygan, WI 53081	Phone: 1-920-458-1155 Website: <a href="http://www.goldenliving.com">www.goldenliving.com</a>
<b>Meadow View Manor Nursing Home</b> 3613 South 13 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-4040 Website: <a href="http://www.extendicare.com">www.extendicare.com</a>
<b>Morningside Health Center</b> 3431 North 13 <sup>th</sup> Street Sheboygan, WI 53083	Phone: 1-920-457-5046 Website: <a href="http://www.extendicare.com">www.extendicare.com</a>
<b>Pine Haven Christian Home</b> 531 Giddings Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-2401 ext 0 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a>
<b>Plymouth Care Center</b> 916 East Clifford Street Plymouth, WI 53073	Phone: 1-920-893-4777 Website: <a href="http://www.ricehealthcarefacilities.com">www.ricehealthcarefacilities.com</a>
<b>Rocky Knoll Health Care Center</b> N7135 Rocky Knoll Parkway Plymouth, WI 53073	Phone: 1-920-893-6441 Website: <a href="http://www.myrockyknoll.com">www.myrockyknoll.com</a>



# Nursing Homes/Skilled Nursing Facilities – continued

## Resource Guide

<b>Skilled Nursing Facilities in Sheboygan County (continued)</b>	
<b>Sheboygan Progressive Care Center</b> 1902 Mead Avenue Sheboygan, WI 53081	Phone: 1-920-458-8333 Website: <a href="http://www.extendicare.com">www.extendicare.com</a>
<b>Sheboygan Senior Community</b> 930 North 6 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-2137 Website: <a href="http://www.retiresheboygan.com">www.retiresheboygan.com</a>
<b>Sunny Ridge Health and Rehabilitation Center</b> 3014 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-459-3028 Website: <a href="http://www.sunnyridgehealth.org">www.sunnyridgehealth.org</a>
<b>Wisconsin Veterans Home at King</b> N2665 County Road QQ King, WI 54946 (for Wisconsin Veterans and/or spouses)	Phone: 1-715-258-5586 Toll Free: 1-888-458-5586 Website: <a href="http://www.vhking.com">www.vhking.com</a>

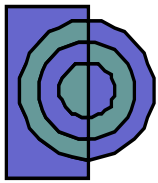


# Nursing Homes/Skilled Nursing Facilities – continued

## Resource Guide

Nursing Home	Transportation	Private Room	A/C Allowed **	Dementia Unit	Cable/Internet	Respite
Beechwood		X	X		X	X
Golden Living Center	X	X	X		X	X
Meadowview	X	X	X	X	X	X
Morningside	X	X	X		X	X
Pine Haven	X	X	X		X	X
Plymouth Care Center	X	X	X		X	X
Rocky Knoll	X	X	X		X	X
Sheboygan Progressive	X	X	X		X	X
Sheboygan Senior Community	X	X	X	X	X	X
Sunny Ridge	X	X	X			X
* Transportation arranged or provided at resident cost						
** Not all resident rooms are air conditioned, but air conditioners may be installed						



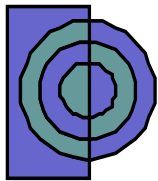


# Nutrition/Home Delivered Meals

- continued

## Resource Guide

<b>Food Pantries (continued)</b>	
<p><b>Random Lake Area Interfaith</b>  <u>Office:</u>            310 Center Street            Adell, WI 53001            Contact: Deb Naumann</p>	<p>Phone: 1-920-994-4186            9:00 to 1:30 a.m.            Tuesday mornings            (must bring proof of residency)</p>
<p><b>Salvation Army</b>            710 Pennsylvania Avenue            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3723  <u>Food Pantry:</u> Monday - Friday            9:00 a.m. to 3:45 p.m. (by appt)            1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> Wednesdays            4:30 to 6:15 p.m.  <u>Office:</u> Monday through Friday            8:30 a.m. to 4:30 p.m.</p>
<p><b>Sheboygan Food Pantry</b>            1946 North 15<sup>th</sup> Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-4737            Open Monday through Friday            9:00 a.m. to 12:00 p.m.            3<sup>rd</sup> full week of each month</p>
<p><b>St. Mark's Lutheran Church</b>            1019 North 7th Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-4343            Open 10:00 to 1:30 a.m.            1<sup>st</sup> and 3<sup>rd</sup> Friday of each month            Bring a photo ID and Utility bill with            current address</p>
<p><b>St. Peter Claver Catholic Church</b>            1444 South 11th Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-9408            Open 9:00 to 10:30 a.m.            1<sup>st</sup> and 3<sup>rd</sup> Monday of each month</p>
<p><b>Wesley Methodist Church</b>            823 Union Avenue            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-4889            Emergency food available any time            from Pastor</p>



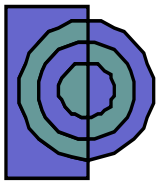
# Nutrition/Home Delivered Meals

- continued  
Resource Guide

## Farmer's Market

The Sheboygan County Farmer's Market vendors can accept WIC and Senior FMNP voucher for locally grown fresh fruit, vegetables, and herbs. For more information on the voucher program, please contact Sheboygan County Interfaith Organization at 1-920-457-7272 ext. 11

<b>First Congregational Church</b> 310 Bluff Avenue Sheboygan, WI 53083	Phone: 1-920-457-2727 ext. 11 November – May 1 <sup>st</sup> and 3 <sup>rd</sup> Saturdays 9:00 a.m. to 1:00 p.m.
<b>Fountain Park</b> Corner of Erie Avenue and North 8 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-457-7272 ext. 11 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a> June – October Wednesdays and Saturdays 7:00 a.m. to 2:00 p.m.
<b>Generations</b> 1500 Douglas Drive Plymouth, WI 53073	Phone: 1-920-457-7272 ext. 11 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a> June – October Thursdays 12:30 p.m. to 5:30 p.m.

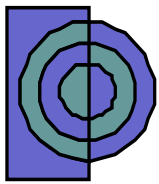


# Nutrition/Home Delivered Meals

- continued  
**Resource Guide**

The following is a list of current nutrition sites in Sheboygan County. For an up-to-date list, or if you have any questions, please contact the Aging and Disability Resource Center of Sheboygan County at 1-920-467-4100.

<b>Sheboygan County Senior Dining Sites</b>	
<b>*CALL FOR RESERVATIONS THE DAY AHEAD BEFORE NOON</b>	
<b>Adell Senior Center</b> 510 Seifert Street Adell, WI 53001	Phone: 1-920-994-9934 Monday through Friday 10:00 a.m. to 2:00 p.m. Meal served at Noon
<b>Cascade Senior Dining Site</b> <b>Cascade Village Hall</b> 301 Milwaukee Avenue Cascade, WI 53011	Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Mondays 10:00 a.m. to 1:30 p.m. Meal served at Noon
<b>Cedar Grove Senior Dining Site</b> First Reformed Church 237 South Main Street Cedar Grove, WI 53013	Phone: 1-920-668-6008 Mondays 10:00 a.m. to 1:30 p.m. Meal served at Noon
<b>Howards Grove Senior Dining Site</b> 913 South Wisconsin Drive Howards Grove, WI 53083	Phone: 1-920-565-4879 ext 106 Tuesdays and Thursdays 10:30 a.m. to 3:00 p.m. Meal served at Noon
<b>Oostburg Senior Dining Site</b> Civic Center 213 North 8 <sup>th</sup> Street Oostburg, WI 53070	Phone: 1-920-564-2113 Wednesdays 10:45 a.m. to 2:30 p.m. Meal served at 11:00 a.m.

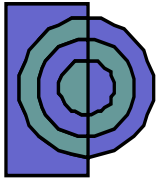


# Nutrition/Home Delivered Meals

- continued

## Resource Guide

<b>Sheboygan County Senior Dining Sites (continued)</b> (call for reservations)	
<b>Plymouth Senior Dining Site</b> <b>Plymouth Senior Center</b> 1500 Douglas Drive Plymouth, WI 53073	Phone: 1-920-892-4821 Monday through Friday 10:30 a.m. to 1:00 p.m. Meal served at Noon
<b>Sheboygan Senior Dining Site</b> <b>Zion Evangelical Covenant Church</b> 1125 North 6 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-207-2522 Monday through Friday 10:00 a.m. to 1:30 p.m. Meal served at 11:45 a.m.
<b>Sheboygan Falls Senior Dining Site</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-9042 Monday through Friday 10:30 a.m. to 1:30 p.m. Meal served at Noon
<b>Food &amp; Fellowship Meal</b>	
<b>Ceil's Meal</b> <b>First Congregational Church</b> 310 Bluff Avenue Sheboygan, WI 53083	Phone: 1-920-457-4818 5 <sup>th</sup> Saturday of the month 9:30 – 10:30 a.m.
<b>Community Meal &amp; Music</b> <b>Wesley Methodist Church</b> 823 Union Avenue Sheboygan, WI 53081	Phone: 1-920-458-4889 Meal: 6:00 to 8:00 p.m. 2 <sup>nd</sup> Friday of each month
<b>Emmaus Meals – Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081	Phone: 1-920-458-3723 Hot meal every Saturday from 11:00 a.m. to 12:30 p.m.
<b>New Day Meals Bethany Church</b> 1315 Washington Avenue Sheboygan, WI 53081	Phone: 1-920-452-0051 Meal: 5:00 to 6:30 p.m. 3 <sup>rd</sup> Tuesday of each month
<b>St. Peter's Café</b> <b>St. Peter Lutheran Church</b> 2104 Geele Avenue Sheboygan, WI 53081	Phone: 1-920-452-4771 Meal: 5:30 to 6:30 p.m. 3 <sup>rd</sup> Thursday of the month Handicap accessible; all are welcome



# Nutrition/Home Delivered Meals

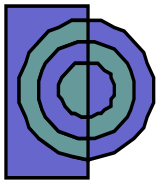
- continued  
Resource Guide

## Food & Fellowship meal (continued)

<b>The Christ's Meal</b> <b>St. Luke United Methodist Church</b> 623 Ontario Avenue Sheboygan, WI 53081	Phone: 1-920-458-3461 Meal: 11:30 a.m. to 12:30 p.m. 2 <sup>nd</sup> Thursday of each month
--	---

## Home Delivered Meals

<b>Meals on Wheels of Sheboygan County</b> 615 South 8 <sup>th</sup> Street, Suite 270 Sheboygan, WI 53081	Phone: 1-920-451-7011 Fax: 1-920-451-7013 Website: <a href="http://www.sheboyganmealsonwheels.org">www.sheboyganmealsonwheels.org</a> Email: <a href="mailto:mow@powercom.net">mow@powercom.net</a>
<b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-4100 or 1-800-596-1919 Website : <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a>
<b>Mom's Meals</b> 718 SE Shurfine Drive Ankeny, IA 50021	Phone: 1-866-716-3257 Website: <a href="http://www.momsmeals.com">www.momsmeals.com</a> Email: <a href="mailto:info@momsmeals.com">info@momsmeals.com</a>



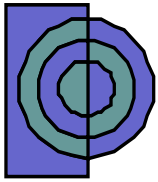
# Personal Emergency Response Systems

## Resource Guide

Personal emergency response systems are 24-hour electronic monitoring systems that allow a person to contact help in time of need. The basic system consists of a button, often located on a pendant or wristband that sends a signal to a device connected to the telephone. When the button is pushed, the device calls a response center, which in turn, contacts someone that the senior has identified as an emergency responder. If the response center is not able to contact a responder, a rescue unit is contacted to go to the person's home (in some instances, a daily contact is required). Some personal emergency response systems also have medication dispensers connected to them that remind an individual to take his/her medication. The dispenser can be used as a stand-alone unit or along with a personal emergency response system.

### *Questions to Ask...*

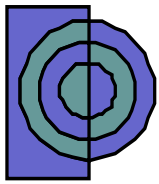
- What is the cost of the service?
- What features are available? Wellness checks, medication monitoring?
- Who answers the call?
- Who is responsible for maintaining the equipment?
- What happens if the button is pushed by mistake?
- How close to the phone does the button have to be?
- Is daily contact required to verify the unit is operating?



# Personal Emergency Response Systems– continued

## Resource Guide

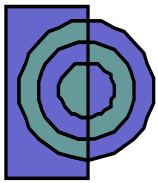
Personal Emergency Response System	
<b>Advanced Security Solutions</b> 2113 Eagle Drive Middleton, WI 53562	Toll Free: 1-888-860-8098 Fax: 1-608-831-9801 Website: <a href="http://www.lifeassistusa.com">www.lifeassistusa.com</a>
<b>Alzheimer’s Association: Comfort Zone</b> (web-based service that works with a variety of location devices to monitor individuals with dementia)	Toll Free: 1-877-259-4850 Website: <a href="http://www.alz.org/comfortzone">www.alz.org/comfortzone</a>
<b>Guardian Protection Services</b> 834 New York Avenue Sheboygan, WI 53081	Phone: 1-920-458-5782 Website: <a href="http://www.guardianprotection.com">www.guardianprotection.com</a>
<b>LIFELINE &amp; LINK-UP</b> (Call your telephone service provider and ask to apply for Lifeline or Link-Up assistance – saves money on your phone bill if you are low income eligible)	Phone: 1-800-440-9853 TTY: 1-800-972-9002 Website: <a href="http://www.psc.wi.gov">www.psc.wi.gov</a>



# Personal Emergency Response Systems– continued

## Resource Guide

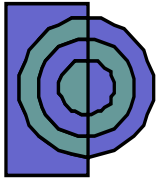
Personal Emergency Response System (continued)	
<b>Medic Alert + Safe Return Program</b> (live 24-hour response service for wandering and medical emergencies)	Phone: 1-920-467-4100 Toll Free: 1-888-572-8566 Website: <a href="http://www.medicalert.org/safereturn">www.medicalert.org/safereturn</a>
<b>SAFE LIVING Technologies</b> PO Box 1827 Brookfield, WI 53008	Phone: 1-262-780-0848 Website: <a href="http://www.safelivingtech.com">www.safelivingtech.com</a> Email: <a href="mailto:info@safelivingtech.com">info@safelivingtech.com</a>
<b>Safety Choice-Comfort Keepers</b> 809 North 8 <sup>th</sup> Street Suite 201 Sheboygan, WI 53081	Phone: 1-920-458-2806 Toll Free: 1-800-788-1078 Fax: 1-920-783-0220 Email: <a href="mailto:Sheboygan@comfortkeepers.com">Sheboygan@comfortkeepers.com</a> Website: <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>
<b>Sheboygan County Division of Public Health</b> 1011 North 8 <sup>th</sup> Street Sheboygan, WI 53081 (emergency preparedness information)	Phone: 1-920-459-4382 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a> Email: <a href="mailto:publichealth@co.sheboygan.wi.us">publichealth@co.sheboygan.wi.us</a>
<b>St. Nicholas Lifeline – Home and Health Hospice</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-5770 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a> Contact: Kay Huenink
<b>Aurora VNA Lifeline</b> 3313 Behrens Parkway Sheboygan, WI 53081	Phone: 1-920-451-5931 Toll Free: 1-800-686-4314 Fax: 1-920-459-2632 Website: <a href="http://www.aurora.org">www.aurora.org</a>



# Pharmacies

## Resource Guide

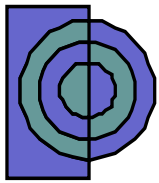
Pharmacies	
<p><b>Aurora Pharmacies</b> Bubble pack available at Eastern Avenue in Plymouth &amp; Superior Avenue in Sheboygan (may be additional charge for delivery)</p> <p>313 South Main Street Cedar Grove, WI 53013</p> <p>620 South Wisconsin Drive Howards Grove, WI 53083</p> <p>2635 Eastern Avenue Plymouth, WI 53073</p> <p>2414 Kohler Memorial Drive Sheboygan, WI 53081</p> <p>509 Superior Avenue Sheboygan, WI 53081</p> <p>2927 North 15<sup>th</sup> Street Sheboygan, WI 53083</p>	<p>Phone: 1-920-668-6286</p> <p>Phone: 1-920-565-5425</p> <p>Phone: 1-920-893-1442</p> <p>Phone: 1-920-459-2630</p> <p>Phone: 1-920-459-2637</p> <p>Phone: 1-920-458-4348</p>
<p><b>Glander Prescription Plus</b> Bubble pack available, free delivery on all prescriptions 3529 Superior Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-2755</p>
<p><b>K-Mart Stores</b> 2615 Eastern Avenue Plymouth, WI 53073</p>	<p>Phone: 1-920-892-4182</p>



# Pharmacies - continued

## Resource Guide

Pharmacies (continued)	
<b>Sheboygan Health Mart Pharmacy</b> 577 South Taylor Drive Sheboygan, WI 53081	Phone: 1-920-459-7467 Fax: 1-920-459-8851
<b>Shopko Pharmacy</b> 518 South Taylor Drive Sheboygan, WI 53081	Phone: 1-920-458-0040 Refill prescriptions online Website: <a href="http://www.shopko.com">www.shopko.com</a>
<b>Target Pharmacy</b> 4085 State Hwy 28 Sheboygan, WI 53083	Phone: 1-920-451-8448
<b>Walgreens Pharmacies</b> Refill prescriptions online  2455 Eastern Avenue Plymouth, WI 53073  2702 Calumet Drive Sheboygan, WI 53083  1029 North 14 <sup>th</sup> Street Sheboygan, WI 53081  3320 South Business Drive Sheboygan, WI 53081	Website: <a href="http://www.walgreens.com">www.walgreens.com</a>  Phone: 1-920-893-5895  Phone: 1-920-457-5659  Phone: 1-920-458-7707  Phone: 1-920-452-5858
<b>Wal-Mart Pharmacies</b> 628 Walton Drive Plymouth, WI 53073  3711 South Taylor Drive Sheboygan, WI 53081  4433 Vanguard Drive Sheboygan, WI 53083	Phone: 1-920-892-2656  Phone: 1-920-459-8601  Phone: 1-920-459-9470



### Book Mobile

**Services to City of Sheboygan & Sheboygan County**  
4632 South Taylor Drive Sheboygan,  
WI 53081

Phone: 1-920-208-4900, Ext. 315  
Website: [www.esls.lib.wi.us](http://www.esls.lib.wi.us)

For information about library services to adults who are homebound, contact Mead Public Library at 1-920-459-3400 ext 3424. For individuals outside the city of Sheboygan, contact the library in your area for more information about this service.

### Library

**Cedar Grove Public Library**  
131 Van Alton Avenue  
Cedar Grove, WI 53013

Phone: 1-920-668-6834  
Website:  
[www.cedargrovelibrary.net](http://www.cedargrovelibrary.net)

**Elkhart Lake Public Library**  
40 Pine Street  
Elkhart Lake, WI 53020

Phone: 1-920-876-2554  
Website:  
[www.elkhartlakepubliclibrary.org](http://www.elkhartlakepubliclibrary.org)

**Kohler Public Library**  
333 Upper Road  
Kohler, WI 53044

Phone: 1-920-459-2923  
Website:  
[www.kohlerpubliclibrary.org](http://www.kohlerpubliclibrary.org)

**Lakeview Community Library**  
112 Butler Street  
Random Lake, WI 53075

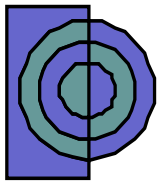
Phone: 1-920-994-4825  
Website:  
[www.lakeviewcommunitylibrary.org](http://www.lakeviewcommunitylibrary.org)

**Mead Public Library**  
710 North 8<sup>th</sup> Street  
Sheboygan, WI 53081

Phone: 1-920-459-3400  
Website:  
[www.meadpubliclibrary.info](http://www.meadpubliclibrary.info)

**Oostburg Public Library**  
213 North 8<sup>th</sup> Street  
Oostburg, WI 53070

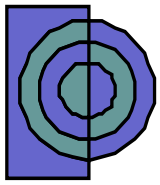
Phone: 1-920-564-2934  
Website:  
[www.oostburglibrary.org](http://www.oostburglibrary.org)



# Recreation - continued

## Resource Guide

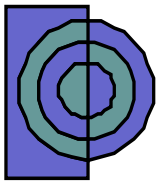
<b>Library (continued)</b>	
<b>Plymouth Public Library</b> 130 Division Street Plymouth, WI 53073	Phone: 1-920-892-4416
<b>Sheboygan Falls Memorial Library</b> 330 Buffalo Street Sheboygan Falls, WI 53085	Phone: 1-920-467-7908
<b>Recreation Departments</b>	
<b>Plymouth Community Education &amp; Recreation</b> 125 Highland Avenue Plymouth, WI 53073	Phone: 1-920-892-5068 Website: <a href="http://www.plymouthcommed.org">www.plymouthcommed.org</a>
<b>Sheboygan Recreation</b> 607 South Water Street Sheboygan, WI 53081	Phone: 1-920-459-3773, Website: <a href="http://www.sheboyganrec.com">www.sheboyganrec.com</a>
<b>Sheboygan Falls Recreation</b> 220 Amherst Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-7827 Website: <a href="http://www.sheboyganfalls.k12.wi.us">www.sheboyganfalls.k12.wi.us</a>
<b>YMCA</b>	
<b>Sheboygan YMCA</b> 812 Broughton Drive Sheboygan, WI 53081	Phone: 1-920-451-8000, Website: <a href="http://www.sheboygancountyyymca.org">www.sheboygancountyyymca.org</a>
<b>Sheboygan Falls YMCA</b> 305 Buffalo Street Sheboygan Falls, WI 53085	Phone: 1-920-467-2464 Website: <a href="http://www.sheboygancountyyymca.org">www.sheboygancountyyymca.org</a>
<b>Other Recreational Opportunities</b>	
<b>1907 Club</b> 2908 North 21st Street Sheboygan, WI 53083	Phone: 1-920-457-9633



# Recreation - continued

## Resource Guide

Other Recreational Opportunities (continued)	
<b>Camp Evergreen</b> 2776 North 31 <sup>st</sup> Place Sheboygan, WI 53083	Phone: 1-920-452-4221
<b>Hearthstone of Wisconsin</b> P.O. Box 1444 Sheboygan, WI 53082	Phone: 1-920-451-3179 Website: <a href="http://www.hearthstonewi.org">www.hearthstonewi.org</a>
<b>Nu Dawn Club - Sheboygan Recreation Dept.</b> 607 South Water Street Sheboygan, WI 53081	Phone: 1-920-459-3773
<b>Open Door Drop-In Center</b> 817 North 8th Street Sheboygan, WI 53081	Phone: 1-920-452-6875 Fax: 1-920-452-9153 Email: <a href="mailto:opendoorshesb@sbcglobal.net">opendoorshesb@sbcglobal.net</a> Monday, Wednesday, Friday 9-4 p.m. Thursday 9-12 p.m. Saturday 10-2 p.m.
<b>RCS Empowers, Inc.</b> 1305 St. Clair Avenue Sheboygan, WI 53081	Phone: 1-920-890-3147 Website: <a href="http://www.rcscommunityservices.com">www.rcscommunityservices.com</a> Email: <a href="mailto:recgroup@rcsempowers.com">recgroup@rcsempowers.com</a>
<b>REINS, Inc.</b> 215 North Avenue Cascade, WI 53011	Phone: 1-920-946-8599 Email: <a href="mailto:reins.board@yahoo.com">reins.board@yahoo.com</a>
<b>Special Olympics Wisconsin</b> (Northeastern Area-Green Bay office serves Sheboygan) 2140 Holmgren Way Green Bay, WI 54304	Phone: 1-920-497-2422 Fax: 1-920-497-0126 Website: <a href="http://www.specialolympicswisconsin.org">www.specialolympicswisconsin.org</a>



# Residential/Assisted Living Facilities

## Resource Guide

Assisted living is a generic term that includes Community Based Residential Facilities (CBRFs) and Residential Care Apartment Complexes (RCACs). CBRFs are state licensed group homes for five or more unrelated adults that provide care and supervision in a home-like environment.

Residential Care Apartment Complexes (RCACs) are registered with the State and consist of separate apartments with kitchen, bathroom and living areas. The apartments can range from an efficiency-style apartment to a full-scale two-bedroom or more apartment. RCACs offer a design to meet the person's assessed needs and allows for the person to "age in place" without having to move to another setting as the care needs increase.

### Questions to Ask...

How do residents pay for their care and services?

What services are provided and is there an extra fee for these services above room and board?

Does the facility accommodate special diet orders?

Does the facility accept residents with specific needs for incontinence or insulin injections?

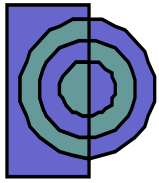
Does the facility have a copy of its most recent review by the Bureau of Quality Assurance?

Does the facility have safety devices or alarms on the doors to the outside?

The Alzheimer's Association of Southeastern Wisconsin sent a Memory Care survey to define the level of care for persons with dementia to all Assisted Living and Skilled Nursing facilities. If you are seeking a residential placement for someone with Alzheimer's Disease or other related dementia, you may find results from facilities that completed and returned the survey by contacting the Alzheimer's Association at 1-800-272-3900.

The State of Wisconsin Department of Health and Family Services has information regarding assisted living facilities by county on its website. The website address is listed below.

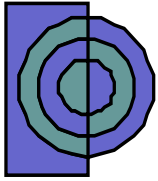
<http://dhfs.wisconsin.gov/bqaconsumer/AssistedLiving/asLivindex.htm>



# Residential/Assisted Living Facilities – continued

## Resource Guide

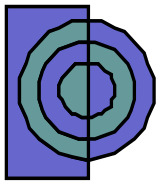
Community Based Residential Facilities Serving the Elderly in Sheboygan County	
<b>Arbor View Communities</b> 1900 Arbor View Drive Plymouth, WI 53073	Phone: 1-920-893-4200
<b>Beechwood CBRF</b> N1495 West Hwy A Kewaskum, WI 53040	Phone: 1-920-994-4717 or 1-920-626-4258
<b>Cedar Grove Gardens</b> 606 Van Alton Avenue Cedar Grove, WI 53013	Phone: 1-920-668-6400
<b>Cedar Grove Gardens II</b> 626 Van Alton Avenue Cedar Grove, WI 53013	Phone: 1-920-668-8600
<b>Countryside Manor-East</b> 4221 Kadlec Drive Sheboygan, WI 53083	Phone: 1-920-452-2408 Website: <a href="http://www.crlcares.com">www.crlcares.com</a>
<b>Countryside Manor-West</b> 4228 Kadlec Drive Sheboygan, WI 53083	Phone: 1-920-452-2229 Website: <a href="http://www.crlcares.com">www.crlcares.com</a>
<b>Gables on the Pond</b> 305 Spring Street Random Lake, WI 53075	Phone: 1-920-994-8304 Website: <a href="http://www.gablesonthepond.com">www.gablesonthepond.com</a>
<b>Gables on the Pond-II</b> 305A Spring Street Random Lake, WI 53075	Phone: 1-920-994-8304 Website: <a href="http://www.gablesonthepond.com">www.gablesonthepond.com</a>
<b>Gables of Waldo</b> 1102 West First Street Waldo, WI 53093	Phone: 1-920-528-8800 Website: <a href="http://www.gablesonthepond.com">www.gablesonthepond.com</a>
<b>Golden Harbor</b> 505 South Water Street Sheboygan, WI 53081	Phone: 1-920-451-6923



# Residential/Assisted Living Facilities – continued

## Resource Guide

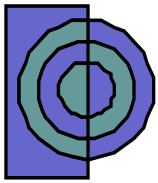
<b>Community Based Residential Facilities Serving the Elderly in Sheboygan County (continued)</b>	
<b>Harbor House</b> 2629 Indiana Avenue Sheboygan, WI 53081	Phone: 1-920-452-7171 Website: <a href="http://www.myharborhouse.com">www.myharborhouse.com</a>
<b>Harbor House II</b> 2611 Indiana Avenue Sheboygan, WI 53081	Phone: 1-920-208-1877 Website: <a href="http://www.myharborhouse.com">www.myharborhouse.com</a>
<b>Harmony of Sheboygan-East</b> 3315 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-4000 Website: <a href="http://www.harmonyresidence.net">www.harmonyresidence.net</a>
<b>Harmony of Sheboygan-West</b> 3319 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-4036 Website: <a href="http://www.harmonyresidence.net">www.harmonyresidence.net</a>
<b>Harvest Home Assisted Living</b> 1007 North Wisconsin Drive Howards Grove, WI 53083	Phone: 1-920-565-2021 Email: <a href="mailto:Bpahmeier@wi.twcbc.com">Bpahmeier@wi.twcbc.com</a>
<b>Hometown Retirement</b> 920 North 26th Street Sheboygan, WI 53081	Phone: 1-920-452-5554
<b>Kindred Hearts</b> 112 South River Boulevard Plymouth, WI 53073	Phone: 1-920-893-8334 Website: <a href="http://www.khearts.com">www.khearts.com</a>
<b>Libby's House</b> Contact: Christine Thill 2581 Valley Road Plymouth, WI 53073	Phone: 1-920-893-2754 Website: <a href="http://www.libbyshouse.com">www.libbyshouse.com</a>
<b>Libby's House East</b> 2653 Valley Road Plymouth, WI 53073	Phone: 1-920-893-2754 Website: <a href="http://www.libbyshouse.com">www.libbyshouse.com</a>



# Residential/Assisted Living Facilities – continued

## Resource Guide

<b>Community Based Residential Facilities Serving the Elderly in Sheboygan County (continued)</b>	
<b>Libby’s House North</b> 2586 Valley Road Plymouth, WI 53073	Phone: 1-920-893-2754 Website: <a href="http://www.libbyshouse.com">www.libbyshouse.com</a>
<b>Pine Haven Christian Home</b> 531 Giddings Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-2401 ext 127 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a>
<b>Pine Haven Oostburg</b> 701 Pine Drive Oostburg, WI 53070	Phone: 1-920-467-2401 ext 127 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a>
<b>Sheboygan Senior Community (Lighthouse Commons/Beacon Suites)</b> 930 North 6th Street Sheboygan, WI 53081	Phone: 1-920-458-2137 Website: <a href="http://www.retiresheboygan.com">www.retiresheboygan.com</a>
<b>Woodland Manor</b> 851 Fond du Lac Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-6270 Website: <a href="http://www.crlcares.com">www.crlcares.com</a>
<b>Residential Care Apartment Complex Serving the Elderly</b>	
<b>Cedar Bay Assisted Living at Cedar Landing</b> 101 Cedar Lane Elkhart Lake, WI 53020	Phone: 1-920-876-4050 Website: <a href="http://www.cedarlanding.org">www.cedarlanding.org</a> Email: <a href="mailto:msmith@cedarcommunity.org">msmith@cedarcommunity.org</a>
<b>Prairie Crossing</b> 1280 Pine Haven Lane Sheboygan Falls, WI 53085	Phone: 1-920-467-2400 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a>
<b>Terrace Estates</b> 1231 Eisner Avenue Sheboygan, WI 53083	Phone: 1-920-457-6399

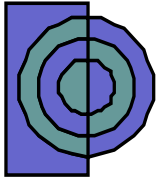


# Residential/Assisted Living Facilities – continued

## Resource Guide

The following organizations provide residential services to people with disabilities. These organizations may operate adult family homes, community-based residential facilities, and supervised apartment settings. The local offices of the organizations can be contacted for information regarding openings and program availability.

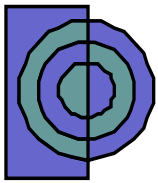
<b>Residential Programs Serving People with Disabilities</b>	
<b>The Abode Mental Health Services</b> 503 Ontario Ave. Sheboygan, WI 53081	Phone: 1-920-458-5205
<b>Dungarvin WI</b> 2802 Coho Street, Suite 101 Madison, WI 53713	Phone: 1-608-316-7666 Fax: 1-608-316-7685 Website: <a href="http://www.dungarvin.com">www.dungarvin.com</a> Email: <a href="mailto:info@dungarvin.com">info@dungarvin.com</a>
<b>Homes for Independent Living of Wisconsin, LLC</b> 1201 Michigan Avenue Sheboygan, WI 53081	Phone: 1-920-459-9554 ext 201 Website: <a href="http://www.hil-wi.com">www.hil-wi.com</a> Email: <a href="mailto:mwangemann@hil-wi.com">mwangemann@hil-wi.com</a>
<b>Newer Beginnings</b> 1409 North 11 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-980-3531 Fax: 1-920-208-1602
<b>Our Home Christian Ministries</b> P.O. Box 700065 Oostburg, WI 53070	Phone: 1-920-564-6933 Fax: 1-920-564-3705
<b>Our Place Mental Health Services</b> 1117 Clara Avenue Sheboygan, WI 53081	Phone: 1-920-459-8287 Email: <a href="mailto:pamte@charterinternet.com">pamte@charterinternet.com</a>
<b>TLC Homes, Inc.</b> PO Box 1407 Sheboygan, WI 53082	Phone: 1-920-457-0826 ext 111 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a> Email: <a href="mailto:stevehendrikse@tlchomes.net">stevehendrikse@tlchomes.net</a>



# Residential/Assisted Living Facilities – continued

## Resource Guide

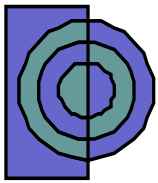
Residential Programs Serving People with AODA Issues	
<b>Genesis Behavioral Services, Inc.</b> 503 Wisconsin Avenue Sheboygan, WI 53081	Phone: 1-920-457-7802 Fax: 1-920-457-7947
<b>Rebos Manor Mental Health Services</b> 908 Jefferson Avenue Sheboygan, WI 53081	Phone: 1-920-452-6492 Email: <a href="mailto:pamte@charterinternet.com">pamte@charterinternet.com</a>



# Residential/Assisted Living Facilities – continued

## Resource Guide

Assisted Living Serving The Elderly	Transportation	Private Room	A/C	Dementia	Cable/Internet	Respite	24-Hr Care Staff
<b>COMMUNITY-BASED RESIDENTIAL FACILITIES (CBRFs)</b>							
Arbor View Communities	X	X	X	X	X		X
Beechwood CBRF	X	X	X		X	X	X
Cedar Grove Gardens I & II	X	X	X	X		X	X
Countryside Manor - East & West	X	X	X	X	X	X	X
Gables on the Pond – I & II	X	X	X	X	X	X	X
Gables of Waldo	X	X	X	X	X	X	X
Golden Harbor	X	X	X	X	X	X	X
Harbor House I & II		X	X	X	X	X	X
Harmony of Sheboygan East & West	X	X	X	X	X	X	X
Harvest Home	X	X	X	X	X	X	X
Hometown Retirement	X	X	X		X	X	
Kindred Hearts	X	X	X	X	X	X	X
Libby's House	X	X	X	X	X	X	X
Libby's House East	X	X	X	X	X	X	X
Libby's House North	X	X	X	X	X	X	X
Pine Haven	X	X	X	X	X	X	X
Pine Haven Oostburg	X	X	X		X	X	X
Sheboygan Senior Community	X	X	X	X	X	X	X
Woodland Manor	X	X	X	X	X	X	X
<b>RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)</b>							
Cedar Bay Assisted Living at Cedar Landing	X	X	X		X	X	X
Prairie Crossing	X	X	X		X		X
Terrace Estates	X	X	X		X	X	X



# Respite

## Resource Guide

Respite is a program or service that is designed to provide family members or primary caregivers with some “time off” from their care giving duties. Another family member, friend, agency, CBRF, or skilled nursing facility can also provide respite.

### Questions to Ask...

Is respite provided in the person’s home or does the person have to go to the respite provider?

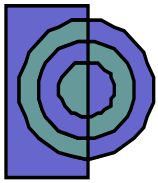
What is the charge?

Is respite available for overnight, weekends, or longer?

Are there programs available to help fund respite?

### Respite Care Providers and/or Programs

<p><b>Aging &amp; Disability Resource Center of Sheboygan County</b> - National Family Caregiver Support Program (NFCSP) and Alzheimer’s Family Caregiver Support Program (AFCSP) 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website : <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>
<p><b>Community Based Residential Facilities (CBRF)</b></p>	<p>(Please contact providers listed in the Residential/Assisted Living Facilities section for those who provide respite care.)</p>
<p><b>Hearthstone Respite Care Project of Sheboygan County</b> Information &amp; Applications – Family Resource Center of Sheboygan County 1500 Douglas Drive, Suite B Plymouth, WI 53073</p>	<p>Phone: 1-920-457-1888 or 1-920-892-6706 Email: <a href="mailto:frc@excel.net">frc@excel.net</a></p>

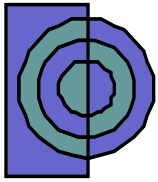


# Respite - continued

## Resource Guide

### Respite Care Providers and/or Programs (continued)

<p><b>Home Health Providers</b></p>	<p>(Please contact providers listed in the Home Health Providers section for those who provide respite care.)</p>
<p><b>Residential Care Apartment Complexes (RCAC)</b></p>	<p>(Please contact the provider listed in the Residential/Assisted Living Facilities section for those who provide respite care.)</p>
<p><b>Share the Care</b> (a program to assist families to create a natural support system for a person with a serious short-term illness or injury)</p>	<p>Contact: Jane Jensen UW-Extension Sheboygan County/Family Living and Family Caregivers Coalition of Sheboygan County Phone: 1-920-459-5900 or 1-920-467-4079 Contact: Renee Wachuta Family Resource Center Phone: 1-920-892-6706</p>
<p><b>Veteran Benefit Services</b> VA provides respite services to help with veteran's care at home – veterans must be receiving health care at the VA to be enrolled.</p>	<p>If you are receiving health care through the VA, contact: 1-877-693-5699 ext 43124 (Cleveland VA) If you are not receiving health care at the VA, but want to be enrolled, contact: 1-920-459-3053 (County Veterans Service Officer) or 1-888-469-6614 ext 41994 (Zablocki VAMC Admissions Office) ask for 1010EZ Application for Health Care Benefits</p>



# Senior Centers

## Resource Guide

The Senior Centers in Sheboygan County are open to all people age 55 and older. Senior Centers provide opportunities for education, social events, recreation, volunteering, counseling, mentoring, and resource and referral.

Examples of some of the educational opportunities include workshops on ceramics and other crafts, library services-including large print books and books on tape or CD, tax preparation, financial planning, volunteer opportunities, and guest speakers on various issues of importance, including benefits, financial planning, health, and governmental issues.

Examples of recreational activities include card playing and lessons, dart ball, bingo, tating, movies, intergenerational activities, dominos, billiards, table tennis, computers, and TV series production.

Examples of health and wellness programs include exercise classes, walking programs, yoga, blood pressure screenings, flu vaccinations, foot care, hearing aid services, swimming, water exercise, Sittercise, Body Recall, line dancing, Health Hikers, and Tai Chi.

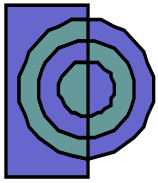
Please contact the local senior center for more specific information about programs and services available.

### **Questions to Ask...**

Is there a charge to attend the senior center?

Is the facility accessible?

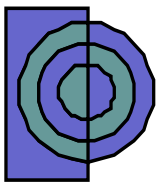
If my spouse is younger than 55, can he/she accompany me to senior center events?



# Senior Centers – continued

## Resource Guide

SENIOR CENTERS	
<b>Plymouth Adult Community Center</b> 1500 Douglas Drive, Suite C Plymouth, WI 53073	Phone: 1-920-892-4821 Website: <a href="http://www.plymouthgov.com/seniorcenter">www.plymouthgov.com/seniorcenter</a>
<b>Senior Activity Center of Sheboygan</b> 428 Wisconsin Avenue Sheboygan, WI 53081	Phone: 920-459-3290 Website: <a href="http://www.sheboygan.wi.us">www.sheboygan.wi.us</a> Email: <a href="mailto:seniorcenter@ci.sheboygan.wi.us">seniorcenter@ci.sheboygan.wi.us</a> Facebook: Friends of Senior Activity Center

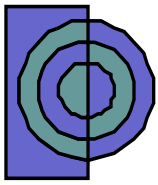


# Support Groups

## Resource Guide

Support groups provide a valuable service to individuals, their families, and/or caregivers. They can provide information, recreation and advocacy as well as support. The following is a list of support groups that is current as of the revision date noted. New groups continue to form. For an up to date list, please contact the Aging and Disability Resource Center at 1-920-459-3095.

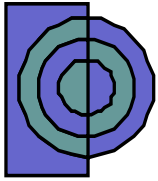
Support Groups	
<b>Alcoholics Anonymous (Alanon) 1907 Club</b> 2908 North 21 <sup>st</sup> Street Sheboygan, WI 53083	Phone: 1-920-452-3375
<b>Alcoholics Anonymous (Alanon) Right Way Club</b> 4627 South 12th Street Sheboygan, WI 53081	Phone: 1-920-452-3375



# Support Groups - continued

## Resource Guide

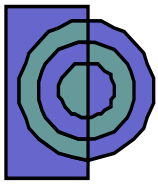
<b>Support Groups (continued)</b>	
<b>Alzheimer's Association Family Caregiver Support Group</b> <b>Sheboygan County Health &amp; Human Services</b> 1011 N 8 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-467-4182 Contact: Christine Jeske
<b>Alzheimer's Association Family Caregiver Support Group</b> <b>Libby's House North</b> 2586 Valley Road Plymouth, WI 53073	Phone: 1-920-946-7627 Contact: Christine Thill
<b>Alzheimer's Association Family Caregiver Support Group – Early Stage Memory Loss (for the individual and their caregiver)</b> <b>St. Paul's Lutheran Church</b> 730 County Road PPP Sheboygan Falls, WI 53085	Phone: 1-920-838-1311 Contact: Ginny Nyhuis
<b>Alzheimer's Association Family Caregiver Support Group – Men Only</b> <b>Family Caregiver Support Group</b> <b>Memorial Library, Lower Level Meeting Room</b> 330 Buffalo Street Sheboygan Falls, WI 53085	Phone: 1-920-452-3045 or 1-920-458-3168 Contact: George Baskfield or Harold Biebel
<b>American Association of Retired Persons</b>	Phone: 1-920-467-6634 Contact: Carol Zoran
<b>Amputee Support Group</b> <b>Rocky Knoll-W. Activity Rm</b> N7135 Rocky Knoll Parkway Plymouth, WI 53073	Phone: 1-920-892-4397 Contact: Janice Lemkuil



# Support Groups - continued

## Resource Guide

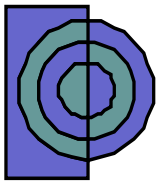
Support Groups (continued)	
<p><b>Autism Society of the Lakeshore Support Group</b> <b>Wilson School Library</b> 1625 Wilson Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-684-7558 4<sup>th</sup> Tuesday (Sep – May) 7:00 to 9:00 p.m. Contact: Cindy Balaban</p>
<p><b>Caregiver Friends</b> Family Caregiver Support Group (for caregivers only) <b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Contact: Kathleen Manny/ADRC 1-920-467-4100 Or Jane Jensen/UW Extension Sheboygan County/Family Living 1-920-459-5900 2<sup>nd</sup> Wednesday January - November 6:30 p.m. to 8:00 p.m.</p>
<p><b>Celebrate Recovery</b> (all addictions) <b>Bethany Reformed Church</b> 1315 Washington Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-0051 ext 16 Mondays at 5:30 p.m. Contact: Debbie Runge</p>
<p><b>Celiac Connections Support Group</b> <b>St. Marks Church</b> 1019 North 7<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Email: <a href="mailto:sheboyganceliac@gmail.com">sheboyganceliac@gmail.com</a></p>



# Support Groups - continued

## Resource Guide

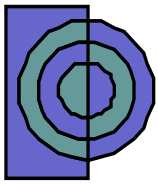
Support Groups (continued)	
<b>Compassionate Parents</b> (Support Group for Parents of any age grieving the loss of a child. No charge.) <b>United Way Building</b> 2020 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-458-3951
<b>Diabetes Care Center Support Groups</b> <b>Aurora Sites in Sheboygan &amp; Plymouth</b>	Phone: 1-920-459-1164
<b>Epilepsy Support Group</b> (Education and support for persons with epilepsy, caregivers and friends)	Phone: 1-920-459-0718 or 1-920-980-8903 Contact: Jill Bonnett
<b>Cup of Hope-Grief Support &amp; Information Group</b> <b>Sharon S. Richardson Community Hospice</b> W2850 State Road 28 Sheboygan Falls, WI 53085	Phone: 1-920-467-1800 Toll Free: 1-866-467-2011 4 <sup>th</sup> Wednesday of each month 10:30 a.m. to 12:00 p.m. and 3 <sup>rd</sup> Thursday of each month 6:00 to 7:30 p.m. Contact: Nancy Simenz
<b>Grief Support Group</b> <b>St. Nicholas Hospital</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-459-4616 2 <sup>nd</sup> and 4 <sup>th</sup> Thursday of each month 10:00 to 11:30 a.m.
<b>Health &amp; Hope Depression Support Group</b> <b>Mental Health America</b> 2020 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-458-3951 Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a>



# Support Groups - continued

## Resource Guide

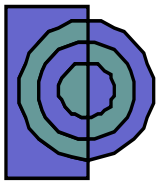
Support Groups (continued)	
<b>Hearthstone of Wisconsin, Inc.</b> PO Box 1444 Sheboygan, WI 53082-1444	Phone: 1-920-451-3179 Website: <a href="http://www.hearthstonewi.org">www.hearthstonewi.org</a> Email: <a href="mailto:thomas.gierke@hearthstonewi.org">thomas.gierke@hearthstonewi.org</a> Contact: Thomas Gierke
<b>Kindred Spirit-Women age 60+, Senior Solutions of LSS</b> 428 Wisconsin Avenue Sheboygan, WI 53081	Phone: 1-920-459-8587 Contact: Wendy Oppermann
<b>Living Better with COPD Support Group</b> <b>Lutheran Church of Our Redeemer</b> 3027 Wilgus Avenue Sheboygan, WI 53081	Phone: 1-920-449-4068 Last Wednesday of each month 1:00 p.m. Contact: Wayne Behnke
<b>Living with Cancer</b> (cancer support group) <b>Vince Lombardi Cancer Center</b> 1222 N. 23rd Street Sheboygan, WI 53081	Phone: 1-920-457-6800
<b>Low Vision Support Group</b> <b>Sheboygan Senior Activity Center</b> 428 Wisconsin Avenue Sheboygan, WI 53081	Phone: 1-920-564-2668 3 <sup>rd</sup> Thursday of each month
<b>Man to Man</b> <b>Prostate Support Group</b> <b>St. Nicholas Hospital</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-459-4618 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>



# Support Groups - continued

## Resource Guide

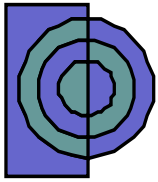
Support Groups (continued)	
<b>Military Families Connect</b> Community-based support for military families and military members <b>The Family Resource Center</b>	Phone: 1-920-892-6706 or 1-920-457-1888 Website: <a href="http://www.frc-sc.org">www.frc-sc.org</a> Contact: Karen Degner
<b>Miracle Point Brain Injury Society –</b> <b>St. Nicholas Hospital</b> <b>Francis Room</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-459-4642 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a> 1 <sup>st</sup> Monday of each month 6:30 p.m. Contact: Wendy Clark
<b>Multiple Sclerosis (MS) Support Group -</b> <b>Aurora Regional Conference Center – Schnook Room</b> 2314 Kohler Memorial Drive Sheboygan, WI 53081	Phone: 1-920-693-8679 3 <sup>rd</sup> Monday of each month 6:00 p.m. Contact: Dawn Kelm
<b>Multiple Sclerosis and other Health &amp; Mobility Problems Support Group</b> <b>Salem United Church of Christ</b> 217 Salem Drive Plymouth, WI 53073	Phone: 1-920-980-7662 or 1-920-892-7456 Contact: Kathy Ferguson Email: <a href="mailto:kthInferguson@yahoo.com">kthInferguson@yahoo.com</a> 3 <sup>rd</sup> Thursday of each month 3:00 p.m.
<b>Parkinson’s Support Group</b> (Education and support for persons with Parkinson’s disease, caregivers, and friends) <b>Memorial Medical Center</b> 2629 North 7th Street Sheboygan, WI 53083	Phone: 1-920-467-0547 Contact: Louis Borth



# Support Groups - continued

## Resource Guide

Support Groups (continued)	
<b>Senior Widows – Nino’s Restaurant</b> 2724 Kohler Memorial Drive Sheboygan, WI 53081	Phone: 1-920-458-2003 2 <sup>nd</sup> Sunday of each month 12:30 to 2:00 p.m.
<b>Suicide Loss Support Group Mental Health America</b> 2020 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-458-3951
<b>Together we Live with Cancer (TLC) Matthews Oncology Associates</b> 1621 North Taylor Drive Sheboygan, WI 53081	Phone: 1-920-458-7433 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a> Contact: Tim Renzelmann
<b>Women Heart of Sheboygan County Memorial Medical Center</b> 2731 North 7 <sup>th</sup> Street Conference Room C Sheboygan, WI 53083	Phone: 1-920-912-7890 4 <sup>th</sup> Thursday of each month 6:30 p.m. Contact: Eileen Dreczka



# Transportation

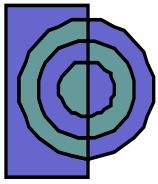
## Resource Guide

There are several transportation providers available in Sheboygan County ranging from ambulance service to taxi. Please contact the individual providers to determine who will best serve you.

### Questions to Ask...

- Is the transportation provider able to accommodate your special needs?
- What does the transportation provider charge?
- Are there extra charges for mileage, attendant, weekend or evening travel?
- Is there any paperwork or medical documentation required?
- Do the rides need to be scheduled in advance?

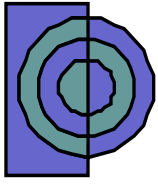
<b>Emergency Medical Transportation</b>	
<b>Oostburg Ambulance</b> <b>Orange Cross Ambulance</b> <b>Plymouth Ambulance</b> <b>Random Lake Ambulance</b>	Call: 911 Phone: 1-920-694-0347 Phone: 1-920-893-0588 or 911
<b>Sheboygan Fire Department (City of Sheboygan ONLY)</b>	Call: 911 Phone: 1-920-459-3322
<b>Non-Emergency Medicaid Reimbursed Medical Transportation</b>	
<b>LogistiCare</b> Non-emergency medical transportation for Wisconsin Medicaid and BadgerCare Plus members (NOT Family Care members) Call at least two days in advance to determine eligibility or to make a reservation for rides.	Toll Free: 1-866-907-1493  Toll Free Deaf or Hearing Impaired: 1-866-288-3133  Toll Free Ride Concerns: 1-866-907-1494  Website: <a href="http://www.logisticare.com">www.logisticare.com</a>



# Transportation – continued

## Resource Guide

<b>Volunteer Medical Driver Programs</b>	
<b>Sheboygan County Interfaith Organization (SCIO)</b> 1251 Geele Avenue Sheboygan, WI 53081 (for individuals with a disability under the age of 60)	Phone: 1-920-457-7272 ext. 11 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a>
<b>Sheboygan County Volunteer Medical Driver Program (for individuals over the age of 60)</b>	Phone: 1-920-467-4100 Toll Free: 1-800-596-1919
<b>Incidental Transportation</b>	
<b>All Star Taxi</b> 1219 South 9 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-254-6303
<b>Crabby Cabby</b>	Phone: 1-920-838-2624
<b>Metro Connection</b> (Transportation for adults over 60 and adults with a disability) 608 South Commerce Street Sheboygan, WI 53081	Phone: 1-920-459-3420 Toll Free: 1-800-924-0408 Eligibility & Certification: 1-920-459-3409 Website: <a href="http://www.shorelinemetro.com">www.shorelinemetro.com</a>
<b>Sheboygan City Cab</b> 1225 Erie Avenue Sheboygan, WI 53081	Phone: 1-920 457-3030
<b>Sheboygan County Handy Helpers Program</b> <b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a>



# Transportation – continued

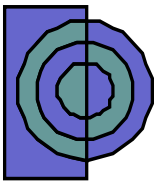
## Resource Guide

### Incidental Transportation (continued)

<b>Shoreline Metro</b> (Bus Passes) 608 South Commerce Street Sheboygan, WI 53081	Phone: 1-920-459-3285 Website: <a href="http://www.shorelinemetro.com">www.shorelinemetro.com</a>
--	--

### Wheelchair Accessible Transportation

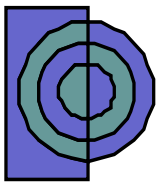
<b>Custom Care &amp; Transport</b> N3803 Horace Mann Road Sheboygan Falls, WI 53085	Phone: 1-920-254-1513
<b>Lakeshore Transportation</b> 426 B Factory Street Plymouth, WI 53073	Phone: 1-920-980-2080
<b>Metro Connection</b> (Transportation for adults over 60 and adults with a disability) 608 South Commerce Street Sheboygan, WI 53081	Phone: 1-920-459-3420 Toll Free: 1-800-924-0408 Eligibility & Certification: 1-920-459-3409 Website: <a href="http://www.shorelinemetro.com">www.shorelinemetro.com</a>
<b>TNJ Transport</b> 5649 W. Pine Lance Mequon, WI 53092	Phone: 1-262-242-9265
<b>Transtar Medical LTC</b> P.O. Box 509 Campbellsport, WI 53010	Phone: 1-920-533-3800 Website: <a href="http://www.transtarmedical.com">www.transtarmedical.com</a>
<b>Wheelchair Taxi</b> 2516 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-6666 Website: <a href="http://www.wctaxi.com">www.wctaxi.com</a> Email: <a href="mailto:wctaxi@yahoo.com">wctaxi@yahoo.com</a>



# Transportation – continued

## Resource Guide

Other	
<p><b>AARP-CAR-Fit</b> CarFit is a FREE educational program that offers older adults the opportunity to check how well their personal vehicles “fit” them.</p>	<p>Phone: 1-920-458-4040 Contact: Linda Lawton, OTR</p>
<p><b>AARP Driver Safety Class</b> Four-hour driver safety class held in various locations around the county.</p>	<p>Phone: 1-920-684-8249 Website: <a href="http://www.aarp.org">www.aarp.org</a> Email: <a href="mailto:druehr@tm.net">druehr@tm.net</a> Contact: Richard Ruehr</p>
<p><b>Free Wisconsin ID Card for Voting</b> <b>Department of Motor Vehicles</b> 3603 Kohler Memorial Drive Sheboygan, WI 53081 (corner of 36<sup>th</sup> Street and the frontage road) Hours: 8:30 a.m. to 4:30 p.m. Monday, Tuesday, Friday 8:00 a.m. to 4:00 p.m. Wednesday 10:00 a.m. to 5:30 p.m. Thursday</p>	<p>Phone: 1-866-868-3947 Website: <a href="http://www.gab.wi.gov">www.gab.wi.gov</a></p> <p>Proof of <u>name and date of birth</u>, for example, a certified U.S. birth certificate, valid passport, or certificate of naturalization. Proof of <u>identity</u> (usually a document with a signature or photo). Proof of <u>Wisconsin residency</u>. Proof of <u>U.S. citizenship, legal permanent resident status, legal conditional resident status, or legal temporary visitor status</u>. Your social security number</p>
<p><b>Triad</b> Vehicle winterization program held in various locations throughout the county in the fall of each year</p>	<p>Phone: 1-920-893-6541 Contact: Deputy Chief Chris Ringel</p>



# Volunteer Programs

## Resource Guide

The Aging and Disability Resource Center maintains a list of organizations that are in need of volunteers. Below is a chart of some of the organizations listed with the Aging and Disability Resource Center. Please feel free to contact them directly or call the Resource Center for more information.

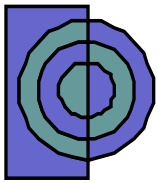
### Questions to Ask...

What kind of time commitment is required?

Is a background check required?

Do I need any special kind of insurance, if driving as a volunteer?

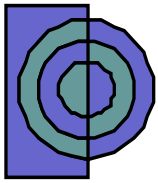
Organizations Needing Volunteers	
<b>Aging and Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-4100 or 1-800-596-1919 Website : <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a>
<b>Aurora Sheboygan Memorial Medical Center</b> 2629 North 7 <sup>th</sup> Street Sheboygan, WI 53083	Phone: 1-920-451-5571
<b>Foster Grandparent/Seniors in Schools Program</b> 2032 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-783-0003 Fax: 1-920-457-5504 Website: <a href="http://www.sheboygan.k12.wi.us">www.sheboygan.k12.wi.us</a> Email: <a href="mailto:bhoneck@sheboygan.k12.wi.us">bhoneck@sheboygan.k12.wi.us</a>
<b>Mental Health America</b> 2020 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-458-3951 Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a>
<b>Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081	Phone: 1-920-458-3723



# Volunteer Programs – continued

## Resource Guide

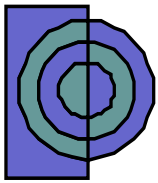
Organizations Needing Volunteers	
<b>Sheboygan County Interfaith</b> 1251 Geele Avenue Sheboygan, WI 53081	Phone: 1-920-457-7272 ext. 11 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a>
<b>Sheboygan County Volunteer Center</b> Contact: Rachel Rupnik	Phone: 1-920-459-2780 ext. 108 Email: <a href="mailto:volunteer@volunteersheboygan.com">volunteer@volunteersheboygan.com</a>
<b>St. Nicholas Hospital</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-459-5175 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>
<b>St. Vincent de Paul</b> 4215 Hwy 42 North Sheboygan, WI 53083	Phone: 1-920-457-4844
<b>Triad</b> Older adults, law enforcement, and agencies working together to enhance the quality of life of older adults	Phone: 1-920-467-4100 or 1-920-893-6541 Contact: Pat Hafermann or Deputy Chief Chris Ringel



# Workshops

## Resource Guide

<p><b>Arthritis Foundation Walk With Ease Program</b> <b>Take control, one step at a time!</b> Six-week program to teach you how to safely make physical activity part of your everyday life.</p>	<p>Phone: 1-920-458-4040 Email: <a href="mailto:llawton@extendicare.com">llawton@extendicare.com</a></p>
<p><b>Arthritis Self-Management Toolkit</b> Take Home Self-Management Toolkit for adults with some form of arthritis. Use for two weeks and then return.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>
<p><b>Crossing Bridges</b> Four-week workshop for people with mild memory loss and their care partners.</p>	<p>Phone: 1-920-838-1311 Toll Free: 1-800-272-3900 Website: <a href="http://www.alz.org/sewi">www.alz.org/sewi</a></p>
<p><b>Living Well With Chronic Conditions</b> Six-week program designed to help those with chronic health conditions build confidence in their ability to manage their health and maintain active and fulfilling lives.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>



<p><b>Powerful Tools for Caregivers</b> Six-week educational program to help family caregiver reduce stress, improve self-confidence, better communicate feelings, balance life, increase ability to make tough decisions and locate helpful resources.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>
<p><b>Savvy Caregiver</b> Six-week workshop for family caregivers of individuals with early to mid-state Alzheimer's Disease</p>	<p>Phone: 1-920-838-1311 Toll Free: 1-800-272-3900 Website: <a href="http://www.alz.org/sewi">www.alz.org/sewi</a></p>
<p><b>Stepping-On</b> Seven-week workshop for individuals who have balance difficulties, have had a fall, or have a fear of falling.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.co.sheboygan.wi.us">www.co.sheboygan.wi.us</a></p>

# Notes

**EMERGENCY, FIRE, POLICE,**

**RESCUE/AMBULANCE**

**Call 911**

**OTHER IMPORTANT NUMBERS**

**Local Police:**

\_\_\_\_\_

**Local Fire:**

\_\_\_\_\_

**Local Ambulance:**

\_\_\_\_\_

**Doctor:**

\_\_\_\_\_

**Clinic:**

\_\_\_\_\_

**Hospital:**

\_\_\_\_\_

**Minister/Church:**

\_\_\_\_\_



Check out the Aging & Disability Resource Center on the Sheboygan County Web site at: [www.co.sheboygan.wi.us](http://www.co.sheboygan.wi.us) to locate a wide variety of resources.

View “**UPCOMING EVENTS**” for Adults over 60 and Adults with Disabilities.

View ***Independent Lifestyles***, a studio talk show, sponsored by the Aging and Disability Resource Center.

***Independent Lifestyles*** may also be viewed on WSCS channel 95 (non digital) or channel 990 (digital) at 2:30 p.m. on Monday, 9:00 a.m. on Tuesday, and 7:00 p.m. on Wednesday

# **Aging and Disability Resource Center**

**Check the Resource Guide for the answer to  
your questions or call:**

**Phone Numbers:**

**1-920-467-4100 or  
1-800-596-1919**

**TTY Phone Number:**

**920-467-4195**

**Monday through Friday  
8:00 a.m. - 5:00 p.m.**

**E-mail:**

**[adrc@co.sheboygan.wi.us](mailto:adrc@co.sheboygan.wi.us)**

**Website:**

**[www.co.sheboygan.wi.us](http://www.co.sheboygan.wi.us)**

**Location:**

**650 Forest Avenue  
Sheboygan Falls, WI 53081**